



**LIST OF ACTIVITIES ORGANIZED BY THE COLLEGE TO ADDRESS  
'HUMAN VALUES'**

S. No	Date	Title of Topic	Name of the Speakers	No. of participants
1.	13.9.2023	Health Awareness Program Organized by IPA-SF SNVPMV Student chapter	---	200
2.	29.8.2023	Free Health Awareness Camp by Call Health and NSS Unit, SNVPMV	---	126
3.	11.8.2023	Blood donation camp In association with Indian Red Cross Society	<b>Chief Guest:</b> <b>Shri Ajay Mishra, IAS (Retd)</b> Hon. Chairman, Indian Red Cross Society, Telangana state branch. <b>Guest of Honor</b> Mr.K. Madan Mohan Rao General Secretary, Indian Red Cross Society, Telangana state branch.	200
4.	26.6.2023 & 27.6.2023	Health Awareness Camp Murtuzaguda & Amdapur Moinabad.	<b>IPA-SF Students &amp; Faculty</b>	68
5.	6.3.2023	Dental check up	---	300
6.	8.7.2022	PHARMACOTHERAPEUTICS SEMINAR- 2022 SERIES-I, Lecture-III Principles of Clinical data management	<b>Mr. U V Narasimha Murthy</b> Chief operating officer and Director, Healius Pathology India Pvt.Ltd.	300
7.	9.5.2022	PHARMACOTHERAPEUTICS SEMINAR- 2022 SERIES-I, Lecture-III Principles of Clinical data management	<b>Dr.(Col).V.P.Singh, Prof &amp; Hod, Department of Medicine, Bharati Vidhyapeeth Medical College, Pune.</b>	300
8.	20.10.2021-17.01.2021	"Health is wealth - Keep this treasure safe".	<b>Prof.C.Kokate</b>	2209

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## **REPORT ON HEALTH AWARENESS PROGRAM AT GOVERNMENT HIGH SCHOOL, LALAPET IPA-SF SNVPMV STUDENT CHAPTER**

**DATE:** 13th Sep 2023

**ORGANIZED BY:** IPA-SF SNVPMV STUDENT CHAPTER

**INTRODUCTION:** The IPA-SF SNVPMV STUDENT CHAPTER Organized a Health Awareness Program at Lalapet, Government High School. The program Aimed to promote healthy behaviors among the children that they will inculcate for life and also to provide age appropriate information about Health and Nutrition to the children in school. The Program was held with a total of 31 students and 3 faculty members Dr. T Mamatha, Dr.T.Venu , Dr. M Shivarama Krishna (Mentors) participating in the program.

**PROGRAM OVERVIEW :** On 13th Sep 2023, We the IPA-SF SNVPMV Team Have organized Health Awareness Program at Government high school, Lalapet. The Purpose of organizing Health Awareness Program in school is to educate the children about health care, to create awareness about the common problems faced by everyone, to address health issues in a community. We had reached the school around 2pm. Nearly 31 Students took part in this program and showed they active participation by giving awareness through Power Point Presentations and Posters. The Awareness Program was Organized by Dr. T Mamatha (Vice-Principal & Mentor of IPA-SF SNVPMV). The students of Team IPA-SF SNVPMV took the initiative to educate the children about Common & Crucial topics like Pharmacy Profession, Food Habits, First Aid, Poison Information, Vaccinations etc. To Effectively communicate these Important Messages to children, students worked in teams of 3-4(11 groups). Each Team selected a topic, researched it thoroughly and designed eye catching Power Point Presentations and Posters that visually conveyed the key information. These PPT's and posters were then displayed in front of the students. Sequentially, all the team members displayed they PPT's, Posters and explained about the particular topic in Easy and Effective manner, that all students gained more knowledge on it. It was really a very Interactive Session while giving awareness to the students. We were pleasantly surprised and deeply impressed by the active participation of all the students. It was truly remarkable to witness their enthusiasm and willingness to engage with the topics discussed. They not only listened attentively but also eagerly provided answers to the questions posed during our presentations. This high level of participation and interaction demonstrated their genuine interest in learning about many health-related issues and showcased their proactive approach to improving their well-being. It was a gratifying experience to see the students eagerness to absorb knowledge and actively contribute to the discussions. In the midst of our presentations, we took a proactive step to promote healthy habits by distributing bananas to the students. We shared information on the benefits of consuming fruits regularly, the students received a tangible reminder of the positive impact that such choices can have on their overall health. This interactive approach further enhanced the engagement of the students and made the health awareness camp a memorable and impactful experience for all involved.

**IMPACT AND FEEDBACK:** The health awareness program at Lalapet Government High School left a profound impact, with students showing increased awareness and a positive shift in behavior. Their active engagement during the program, coupled with their receptiveness to

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healthier choices, was remarkable. The distribution of bananas served as a tangible reminder of healthy eating, fostering a memorable and positive atmosphere. Feedback indicated a strong interest in future programs, suggesting the enduring influence of this initiative on the students' well-being and desire for further education in health related topics.

**ACKNOWLEDGMENTS:** We would like to extend our heartfelt gratitude to all the participants, students and school staff at Lalapet Government High School for their enthusiastic participation and support during the health awareness program. Students active engagement and receptiveness made this initiative a resounding success. We also extend our gratitude toward Dr. T Mamatha for organizing this program and we are deeply appreciative of her unwavering support and passion for promoting healthier lifestyles among students. A Greatful Thanks to our IPA-SF Council members Ms.Akanksha Kathikar (Chairperson), Ms.Spandana Brighty (Public Health Officer) and others, for Actively Coordinating this program and enabling its successful execution.



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### REPORT ON FREE HEALTH AWARENESS CAMP BY CALL HEALTH AND NSS UNIT, SNVPMV

**Date:** August 29, 2023

**Location:** Virtual Pharmacy, Sarojini Naidu Vanita Pharmacy Mahavidyalaya

**Organized by:** SNVPMV NSS Unit in Association with Call Health

**Presided by:** Dr. B Prabha Shankar

#### **INTRODUCTION:**

On August 29<sup>th</sup>, 2023 the NSS Unit of Sarojini Naidu Vanita Pharmacy Mahavidyalaya (SNVPMV) hosted a highly successful Free Health Awareness Camp in association with Call Health and Ripples of Kindness Foundation Inc. This event, held at the institution's Virtual Pharmacy platform, was presided over by our esteemed Chairman, Dr. B Prabha Shankar. The camp's primary focus was creating awareness about Anemia and offering free health check-up services to the students and staff of SNVPMV.

#### **Event Highlights:**

The event commenced with a warm welcome to Dr. Naveen, Emergency Medicine from Call Health and Ms. Suparna Bajaj & Mr. Ahmed from Ripples of Kindness Foundation Inc. An inspiring welcome address was given by Dr. N. Srinivas, Director, SNVPMV wherein he emphasized the importance of community health awareness and the role of educational institutions in this regard. Dr. Naveen addressed the gathering, enlightened them about call health organization, the purpose of conducting the free health awareness camp and its societal benefit and encouraged everyone to participate in good number. Later, Dr. T. Mamatha, Vice-Principal, SNVPMV conveyed her message and thanked Dr. Naveen, Call Health and other personnel involved in the health awareness camp.

**Collaboration with CALL HEALTH:** The partnership with Call Health brought expertise and essential healthcare services to the virtual camp. Their team, led by Dr. Naveen from the field of Emergency Medicine, provided valuable insights and consultations throughout the event.

**Free Health Check-ups:** Participants had the opportunity to benefit from free health check-ups, including anemia screenings and blood pressure measurements, in the presence of qualified healthcare professionals. Doctor consultations ensured that participants received personalized advice and guidance.

**Informative Workshops:** A series of informative workshops covered topics such as anemia prevention, dietary recommendations, and maintaining a healthy lifestyle. These sessions were well-received by the attendees.

**Staff Coordinators:** The event's success was also attributed to the hard work and dedication of the staff coordinators, including Dr. K. Sirisha, Mrs. A. Shailaja, Mrs. P. Uma, Mr. M. Srekanth, Mrs. J. Sarika, and Mrs. T. Jyotsna, who ensured smooth planning and execution.

**Student Volunteers:** The dedicated NSS student volunteers, including Ms. K. Saisree, Ms. P. Kusumanjana, Ms. V. Harshini, Ms. U. Nandini and Ms. K. Sravya Sree, played an invaluable role in organizing and facilitating the event. Their enthusiasm and commitment greatly contributed to its success.

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**Anchoring:** The event was skillfully anchored by Ms. Deeksha Gaikwad, a 3rd-year B.Pharm student, who added professionalism and enthusiasm to the proceedings.

**Felicitation:** To express their gratitude, the organizers felicitated Dr. Naveen with a memento as a token of appreciation for his valuable contributions to the health camp.

**Conclusion:**

The Free Health Awareness Camp at Sarojini Naidu Vanita Pharmacy Mahavidyalaya, organized by NSS Unit in association with Call Health and Ripples of Kindness Foundation Inc. under the guidance of Dr. B. Prabha Shankar, achieved its mission of spreading health awareness and offering essential healthcare services to the community. The collaboration between the SNVPMV NSS Unit, Call Health, and the institution's dedicated staff and student volunteers made this event a remarkable success. A total of **126 participants** were registered, body weight and blood pressure were tested and their blood samples were analyzed for hemoglobin content. Based on their results, doctor advised them well on lifestyle changes and medications patiently.

This event served as a shining example of the institution's commitment to community welfare and health education. The Virtual Pharmacy platform enabled the dissemination of knowledge and services to a broader audience, making it an inclusive and impactful initiative. Sarojini Naidu Vanita Pharmacy Mahavidyalaya extends its sincere thanks to all participants, volunteers, staff coordinators, and partners for their contributions to making the Free Health Awareness Camp a meaningful and successful event. The institution remains committed to its mission of promoting health awareness and community well-being even in the future.



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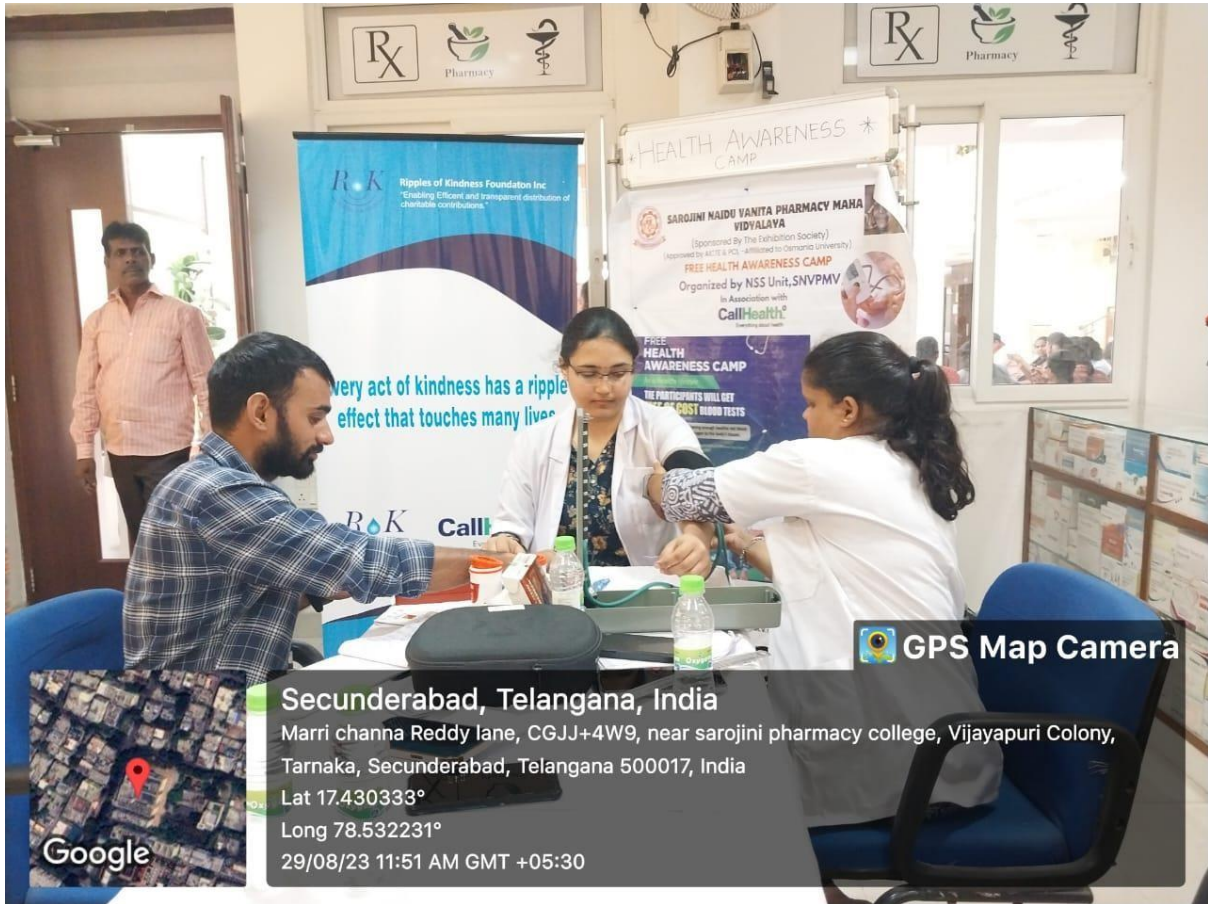


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GPS Map Camera

Secunderabad, Telangana, India

Marri channa Reddy lane, CGJJ+4W9, near sarojini pharmacy college, Vijayapuri Colony, Tarnaka, Secunderabad, Telangana 500017, India

Lat 17.430333°

Long 78.532231°

29/08/23 11:51 AM GMT +05:30

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GPS Map Camera

Secunderabad, Telangana, India

Marri channa Reddy lane, CGJJ+4W9, near sarojini pharmacy college, Vijayapuri Colony, Tarnaka, Secunderabad, Telangana 500017, India

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### REPORT ON BLOOD DONATION CAMP

**Topic of the Event – Blood donation camp in association with INDIAN RED CROSS SOCIETY, Telangana State branch.**

**Date & Time of Event – August 11th 2023, 11 AM.**

**Hosted by - Sarojini Naidu Vanita Pharmacy Maha Vidyalaya, Tarnaka, Hyderabad.**

Summary On 11th August, 2023, Sarojini Naidu Vanita Pharmacy Maha Vidyalaya, College for Women, (Sponsored by The Exhibition Society) organized a Blood donation camp in association with INDIAN RED CROSS SOCIETY, Telangana State branch. The Chief Guest for this event was Shri Ajay MISHRA, IAS (Retd) & Honourable Chairman for Indian Red Cross Society, Telangana State branch. Mr. K. Madan Mohan Rao, General Secretary, Indian Red Cross Society, Telangana State branch was the Guest of Honour. The event was graced by Dr. K. Pichi Reddy, Director, Indian Red Cross Society, Telangana State branch, Shri. K. Ramprasad Reddy, General Secretary of Indian Pharmaceutical Association, Telangana state branch; Dr. B. Prabha Shankar, President IPA TS-Branch; Shri. Sainath Dayaker Shastri, Hon.Secretary, SNVPMV; Shri. V. Jairaj, Hon.Treasurer SNVPMV; Dr. N. Srinivas, Director, SNVPMV and Dr. T. Mamatha, Vice-Principal, SNVPMV. The no of participants who registered and attended this camp were 200.

All the dignitaries were invited onto the dais and eco greetings were given. Ms. L. Shravani and Ms. K. Saisree of B. Pharm III year started the programme by inviting the guests on dais for lamp lightening. It was followed by prayer song. Welcome address was given by our Chairman, Dr. B. Prabha Shankar who introduced the delegates from Indian Red Cross Society, Telangana State branch on the dais and off the dais. He appreciated the Indian Red Cross Society very much for serving the society, operating about 1100 branches throughout the country. Later he spoke about the importance of blood donation, importance of introducing IPA Student Forum and IPA-SF Student Chapter, SNVPMV and discussed about the development of leader ship skills in students. Dr. B. Prabha Shankar also mentioned about the MEDICAL CAMP which was conducted in Moinabad village, Murthuzaguda, Rangareddy district, Telangana by IPA Student Forum and IPA-SF Student Chapter, wherein many villagers were benefited. On this memorable occasion a Memorandum Of Understanding {MOU} was signed between SNVPMV and Indian

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Red Cross Society, Telangana State branch by the officials of both organizations, for mutual benefit. The MOU permits the students of SNVMV to act as volunteers at the Indian Red Cross Society and gain knowledge regarding the importance of blood donation and training of students.

Dr. B. Prabha Shankar stated that every woman can give blood even during their menstruation if the women are eligible during screening, he said that by donating blood we can be healthy. Later, the Chief Guest Shri Ajay Mishra, IAS (Retd) & Honourable Chairman for Indian Red Cross Society, Telangana State branch addressed the gathering and stated that mostly people die due to lack of receiving blood. He said that “first help for needy was blood” and by donating 120ml of blood, thousands of people would be helped. He also briefed about the history of blood donation which was started during Second World War disaster, during which 10000 people died due to lack of blood. Shri Ajay Mishra also shared his personal experience which was observed in his son 3yrs back who stated “I Save Life”. He also quoted that after Army, Police, the third important member would be Red Cross Society member/volunteer. The Guest of Honor, Mr. K. Madan Mohan Rao, General Secretary, Indian Red Cross Society, Telangana State branch later addressed the gathering and spoke about how the blood should be donated, three times a year blood donation and he also stated that if we give blood, we won't become weak due to regeneration capacity of RBC'S. He appreciated that the Memorandum Of Understanding {MOU} facilitates much exposure and many opportunities for students like learning about research and development, seeing thalassemia patients, observing patients under the direction of Physician etc. He stated that SNVPMV students can also work as Volunteers in 'Pradhan Mantri Jan Aushadhi Scheme' and government generic medical shops, mobile medical units wherein the pharmacy students are much needed. Later, Dr. K. Pichi Reddy, Director, Indian Red Cross Society, Telangana State branch was invited by the students to address the gathering where he motivated students not to disappoint themselves if they are not selected during screening and get back with good health condition so that blood may be collected next time.

Finally, Shri. K. Ram Prasad Reddy, General Secretary of Indian Pharmaceutical Association, Telangana state branch was invited by the students to address the gathering. He motivated students to participate regularly in blood donation camps and make the nation proud. He also

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informed about the various awareness programmes conducted by him to eradicate leprosy, conduct of health camps and adoption of villages to improve their health care. The session ended with felicitation to the guests followed by a brief photo session and vote of thanks by Dr. T. Mamatha, Vice-Principal, SNVPMV



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**REPORT ON IPA-SF SNVPMV STUDENT CHAPTER “HEALTH AWARENESS  
PROGRAM AT MURTUZAGUDA & AMDAPUR VILLAGE- MOINABAD”**

**Date: 26th June 2023 to 27th June 2023**

**Introduction:** The IPA-SF SNVPMV STUDENT CHAPTER organized a Health Camp at Murtuzaguda and Amdapur Village in Moinabad. The camp aimed to provide healthcare services, raise awareness about various health issues, and educate the villagers, especially students, about the importance of health and hygiene. The camp was held over two days, and a total of 68 students and 10 faculty members (Dr. T Mamatha, Dr. S. Hemalatha, Dr.T.Venu, Mrs. G.Srilalitha, Mrs. A. Shailaja, Mrs. P. Kavitha, Dr. M Shivarama Krishna, Dr. Jitender, Mr.Suresh, Mr. Sreekanth) participated in the event.

**Preparations at SNVPMV campus on 24th of June:** All necessary materials for the camp were purchased, including distribution supplies like bananas, first aid kit, and sanitary pads. One day before the camp, pamphlets were strategically distributed throughout the village to create awareness about the forthcoming health camp. A meeting was held among the council members, mentors to discuss the pertinent topics and plan the camp. Eye-catching Banners and posters were printed to effectively promote the event and raise awareness.

**Journey to Murtuzguda Village from SNVPMV campus on 25th June :** First day the journey to Royal Leesha Convention - Murtuzguda village, where the entire team was going to be accommodated, started at 1:30 PM from the college on 25th June. The trip was filled with music and dance, and it created many memorable moments and the reached MURTUZGUDA Village Royal Leesha convention at 3:30 PM. At Royal Leesha Convention, the students were delighted with the facilities provided to them like a swimming pool, camp-fire, delicious food and various sports. The facilities provided by our beloved Chairman sir were impeccable.

**DAY 1 OF HEALTH AWARENESS PROGRAM** On the second day, the students and faculty reached Murtuzaguda Village by 10:00 AM. The students divided themselves into groups based on the topics that were assigned to them. They actively engaged with the villagers, creating awareness about the health and its overarching objectives. The health camp commenced with comprehensive health check-ups, encompassing vital measurements such as blood pressure and sugar levels. Each villager was provided with a well equipped first aid kit, and personalized medical counselling sessions were conducted by various student groups. Prominent members including the President of IPA Telangana State Branch, Dr. B. Prabha Shankar, the Secretary of SNVPMV, V. Sainath Dayaker Shastri, and the Treasurer of SNVPMV, Sri. V. Jairaj actively participated in the health camp and encouraged the villagers. Additionally, Mr.K. Siddaiah, the Sarpanch of Murtuzaguda Village, actively contributed to the camp.

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DAY 2 OF HEALTH AWARENESS PROGRAM Educational school visit, on the third day, the students and faculty reached Zilla Parishad School in the village premises by 9:00 AM. The students were divided into 17 groups, each consisting of four students. These groups visited different classrooms and delivered detailed explanations about the importance of health, hygiene, physical fitness, and cleanliness to the students. The students also provided information on careers in pharmacy, such as B Pharmacy and Pharm D, including their duration and future prospects. The faculty members interacted with the principal and teachers of the school.

The IPA-SF SNVPMV STUDENT CHAPTER Health Awareness Program at Murtuzgauda Village in Moinabad was a successful event that provided essential healthcare services to the villagers. The camp also focused on educating students about health and hygiene, as well as creating awareness about career opportunities in the field of pharmacy. The active participation of faculty members, Chairman sir and local authorities added to the success of the health camp. The efforts of the IPA-SF and its members are commendable for organizing such a meaningful and impactful event.



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### **A REPORT ON FREE DENTAL CHECK-UP CAMP On dated 06/03/2023, Sparkles Dental Hospital, Lalapet, Secunderabad” has conducted free dental checkup camp on the occasion of International Women's Day-2023.**

**Place:** - Sarojini Naidu Vanita Pharmacy Maha Vidyalaya, College for Women campus

**Time:** - 10 am – 4.30 pm

**Guest:** - Dr. Prathibha MDS & Team Prosthodontist & Implantologist

"A genuine smile comes from the heart, but a healthy smile needs good dental care." Sparkles Dental Hospital, organized a free dental checkup and awareness camp in the Sarojini Naidu Vanita Pharmacy Maha Vidyalaya College for Women campus premises. where Dr. Prathiba MDS with her team has addressed about good oral hygiene and suggested them ways to maintain it. She explained goals of dental checkup and conducted free dental check-up in Virtual Pharmacy of our college. At the dental check-up the dentist examined the gums and teeth. If there are any cavities that are being formed the dentist were given the advice for cavity removal. Later, checks for tartar or plaque that is formed on the teeth and gave advice for removal. Approximately 400 students, from all the branches came for the Dental Checkup and faculty also involved. Doctors advised them brush twice a day; visit the dentist twice a year. Because only a dentist will see and understand the oral and dental issues that have formed in your mouth. The dentist's well-examination will identify any types of decays that are present. And those won't be visible until they become severe and cause pain till it reaches an advanced stage. For the well treatment of oral health issues, the sooner the problem is found the better it can be managed.



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REPORT ON

PHARMACOTHERAPEUTICS SERIES – 1 SEMINAR ON PRINCIPLES OF  
CLINICAL DATA MANAGEMENT

**Date & Time of Event** – 08th July 2022, 11.00Am .

Today a seminar on principles of clinical data management was conducted at SNVPMV as a part of Pharmacotherapeutics seminar series 1. The event was coordinated by Department of Pharmacology, staff of Sarojini Naidu Vanitha Pharmacy Maha Vidyalaya. As a part of the event the invited chief guest was an eminent speaker Mr. U. V. Narasimha Murthy Garu. The event was anchored by first year Pharm.D students followed by prayer song. The gathering was addressed by Director Dr. N. Srinivas, Principal Dr. T. Sarita Jyostna followed by the chief speaker of the event Mr. U. V. Narasimha Murthy Garu. Mr. Murthy garu has clearly explained about the general principles of clinical data management along with the do's and don'ts during handling the clinical data it various stages right from gathering of the data, processing of the data like compilation and clearing of the data. He also elaborated about the errors in the clinical data management such as manual errors and explained the methods to avoid them. The whole seminar was very crucial for Pharm.D candidates especially for Pharm.D 5th year students who are about submit their projects. They have actively interacted with the speaker of the seminar and ask about the questions they had in their projects. The seminar was very important interesting and engaging and intriguing at the clinical data level management. The vote of thanks was given by head of the department of pharmacology Dr. T. Venu and applauds the department of phaarmacology team comprising of Dr. V. Asha Jyothi, Mrs. Haimavathi & Mrs. A.Shailaja.



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**REPORT ON**

**PHARMACOTHERAPEUTICS SEMINAR- 2022 SERIES-I**

**Life Style Disease Management – Keep a Healthy Heart and Avoid Early Departure**

**Date & Time of Event – 9 th May 2022, 10:00 am**

**Hosted by - Sarojini Naidu Vanita Pharmacy Maha Vidyalaya, Tarnaka, Hyd.**

Sarojini Naidu Vanita Pharmacy Maha Vidyalaya, College for Women, (Sponsored by The Exhibition Society), The Department of Pharmacology has organized a Pharmacotherapeutics seminar, Series-1 on the topic “Life Style Disease Management – Keep a Healthy Heart and Avoid Early Departure” on 9 th May 2022, 10:00 am. The Guest Speaker for the seminar was Dr. (Col). V. P. Singh, Director, Prof & HOD, Department of Medicine, Bharati Vidhyapeeth Medical College, Pune. For this seminar series-1, the number of participants attended were about 300. The programme started sharp at 10:00 am. Ms. Madhuri of B Pharm IV year, started the program and invited all the dignitaries onto the dias. The program is then followed by lighting of lamp by chief guest and all the dignitaries on the dias. Then, a prayer song “Vandemataram” was sung by Ms. Lisa Patel and group. Later, Dr. N.Srinivas, Director, SNVPMV, addressed the session and cordially welcomed the chief guest, Dr.(Col).V.P.Singh. Sir thanked the chief guest for accepting the invitation of delivering a seminar. Ms. Akanksha of PharmD III year introduced the chief guest to the participants. At 10.10am Dr.(Col).V.P.Singh started the session with the topic “ What is a Life style Disease & Various Types of Life Style Diseases”. Sir mentioned various types of life style diseases like cardiovascular diseases, stroke, diabetes, cancer, depression, chronic obstructive pulmonary disease and musculoskeletal disorders. He explained that all the life style diseases have one common property i.e., they make breathing heavier and deprive oxygen levels in the body. He gave deep insight on the factors causing life style diseases which include Modifiable factors (certain habits, behaviours & practices, physical inactivity, smoking etc), Unmodifiable factors (age, gender, heredity) and other risk factors. Dr.(Col).V.P.Singh has emphasized on prevention of all the life style diseases by eating healthy diet, reducing the fat intake, decreasing the salt and sugar intake, quitting of smoking and alcohol,

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doing exercise regularly, monitoring of blood pressure and cholesterol and cutting down the stress. He gave a brief insight on stress stating that stress to certain extent is good which gives more productivity but it should be handled properly. The students were so enthusiastic and ardent in listening to him. He stated that sedentary life style, increased use of technology, automobiles lead to many diseases. Sir stressed the importance of physical activity which not only controls obesity, diabetes, hypertension but also improves mental health. Sir explained that the physical activity in children should be atleast 60 min/day, adults 30 min/day etc. All the participants were enthusiastic and were listening with extreme intrigue as the session was informative and thought provoking. Few students asked questions to the chief guest after the session. Throughout the session sir enlightened the students with his shayarees. Finally, Dr.(Col) V.P.Singh sir was felicitated by our Principal, Dr. T. Saritha Jyothsna madam and all dignitaries on the dias. The vote of thanks was delivered by Dr. T. Venu, Seminar Coordinator, Head, Department of Pharmacology, by expressing gratitude to the guest speaker, Dr. (Col) V.P.Singh for his inspiring and interesting talk on the topic and thanked all the participants for making the session successful. The session was ended up with National Anthem.



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### REPORT ON HEALTH CAMP

#### **Sarojini Naidu Vanita Pharmacy Maha Vidyalaya, Tarnaka**

"Health is wealth - Keep this treasure safe". The Governing body of Sarojini Naidu Vanita Pharmacy Maha vidyalaya inaugurated Free Health Check-up stall on 20th october 2021 by the chief guest Prof.C.Kokate at festival mela-2021.

A health camp was organized at Nampally exhibition grounds on 20-10- 2021 for all the Public, students, Teaching and Non-teaching staff to spread awareness about health-check up and maintaining a healthy life. The program started at 6PM with the introductory speech given by our chairman sir Dr.B.Prabha Shankar and involvement of Director Dr.N.Srinivas, Principal Dr.V.Jyothi, Vice-principal, Dr.T.Saritha jyostna, Dr.T.Venu HOD of pharmacology and PHARM.D.

This health camp was conducted from 20-10-2021 To 07-11-2021 With involvement of teaching and non-teaching staff including Volunteered students were actively performed the services to serve the public people and check the health status of each individuals.

#### **Our Services:**

1. To monitor B.P. (Using Digital and manual )
2. To make a line and get individual height and weight checked to calculate BMI (Body mass index) whether the person is unhealthy or not.
3. Diabetes test (To check the blood glucose levels)
4. Counselling the patients regarding diet and health issues using counselling aids.

The duration of the period 3 weeks from October 20th - November 7th 2021 every day at 4:00 PM - 9:00 PM each faculty with student has checked around 2209 people overall for BMI, blood report and other health conditions if any upto 3 weeks.

We all were advised some type of food and exercises by the clinical pharmacists to maintain a healthy life style. We all were happy to know about so many things. I hope our

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College SNVPMV organizes these type of campaigns each year to ensure healthy environment and awareness in public areas. Conclusively the health camp helped us feel confident and content physically among students, faculty and public overall.



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