

# REPORT ON

## HEALTH AWARENESS PROGRAM AT GOVERNMENT HIGH SCHOOL, LALAPET

### IPA-SF SNVPMV STUDENT CHAPTER

**DATE** : 13<sup>th</sup> Sep 2023

**ORGANIZED BY** : IPA-SF SNVPMV STUDENT CHAPTER

**INTRODUCTION** : The **IPA-SF SNVPMV STUDENT CHAPTER** Organized a Health Awareness Program at Lalapet, Government High School. The program aimed to promote healthy behaviors among the children that they will inculcate for life and also to provide age appropriate information about Health and Nutrition to the children in school. The Program was held with a total of 31 students and 3 faculty members Dr. T Mamatha , Dr. T. Venu , Dr. M Shivarama Krishna (Mentors) participating in the program.

**PROGRAM OVERVIEW** : On 13<sup>th</sup> Sep 2023, We the **IPA-SF SNVPMV** Team Have organized Health Awareness Program at Government high school, Lalapet. The Purpose of organizing Health Awareness Program in school is to educate the children about healthcare, to create awareness about the common problems faced by everyone, to address health issues in a community.

We had reached the school around 2pm. Nearly 31 Students took part in this program and showed their active participation by giving awareness through Power Point Presentations and Posters. The Awareness Program was Organized by Dr. T Mamatha (Vice-Principal & Mentor of IPA-SF SNVPMV).

The students of Team IPA-SF SNVPMV took the initiative to educate the children about Common & Crucial topics like Pharmacy Profession, Food Habits, First Aid, Poison Information, Vaccinations etc . To Effectively communicate these Important Messages to children , students worked in teams of 3-4 (11 groups). Each Team selected a topic, researched it thoroughly and designed eye catching Power Point Presentations and Posters that visually conveyed the key information. These PPT's and posters were then displayed in front of the students.

Sequentially, all the team members displayed their PPT's, Posters and explained about the particular topic in Easy and Effective manner, that all students gained more knowledge on it. It was really a very Interactive Session while giving awareness to the students. We were pleasantly surprised and deeply impressed by the active participation of all the students. It was truly remarkable to witness their enthusiasm and willingness to engage with the topics discussed. They not only listened attentively but also eagerly provided answers to the

questions posed during our presentations. This high level of participation and interaction demonstrated their genuine interest in learning about many health-related issues and showcased their proactive approach to improving their well-being. It was a gratifying experience to see the students eagerness to absorb knowledge and actively contribute to the discussions.

In the midst of our presentations, we took a proactive step to promote healthy habits by distributing bananas to the students. We shared information on the benefits of consuming fruits regularly, the students received a tangible reminder of the positive impact that such choices can have on their overall health. This interactive approach further enhanced the engagement of the students and made the health awareness camp a memorable and impactful experience for all involved.

**IMPACT AND FEEDBACK** : The health awareness program at Lalapet Government High School left a profound impact, with students showing increased awareness and a positive shift in behavior. Their active engagement during the program, coupled with their receptiveness to healthier choices, was remarkable. The distribution of bananas served as a tangible reminder of healthy eating, fostering a memorable and positive atmosphere. Feedback indicated a strong interest in future programs, suggesting the enduring influence of this initiative on the students' well-being and desire for further education in health-related topics.

**ACKNOWLEDGMENTS** : We would like to extend our heartfelt gratitude to all the participants, students and school staff at Lalapet Government High School for their enthusiastic participation and support during the health awareness program. Students active engagement and receptiveness made this initiative a resounding success. We also extend our gratitude toward Dr. T Mamatha for organizing this program and we are deeply appreciative of her unwavering support and passion for promoting healthier lifestyles among students.

A Greatful Thanks to our IPA-SF Council members Ms.Akanksha Kathikar (Chairperson), Ms.Spandana Brighty (Public Health Officer) and others,for Actively Co-ordinating this program and enabling its successful execution.





<b>S.NO</b>	<b>STUDENT NAME AND COURSE</b>	<b>TOPIC</b>
1	Madhuhasini PD 4th year L.Poojitha BP 1st year	FIRST AID
2	Sai Priya BP 1st year V.Hamsika BP 1st year Jyothirmai BP 1st year	FOOD HABITS
3	S.Nikitha PD 4th year M.Spandana Brighty PD 4th year Afsha PD 4th year	MENSTRUAL HYGIENE
4	B.Sai Akanksha BP 2nd year  C.Poojitha BP 2nd year	CLEANLINESS
5	K.Sowmya BP 1st year Asfiya Jabeen BP 1st year	SLEEP SCHEDULE
6	D.Keerthi BP 2nd year Sai Deevena BP 2nd year	POISON INFORMATION
7	Mohammedi BP 1st year Qhazima BP 1st year Samreen BP 1st year	CHILDHOOD TRAUMA
8	D.Nikitha BP 2nd year B.Likitha BP 2nd year	GOOD TOUCH AND BAD TOUCH
9	Arsheya Fathima BP 1st year Juveria Nazneen BP 1st year Aarzoo Ali BP 1st year Anees Unnisa BP 1st year	PHARMACY PROFESSION
10	Afsha PD 4th year Misbha PD 4th year Akanksha PD 4th year	IMPORTANCE OF VACCINATION
11	Hana Mariam PD 4th year Hasmitha PD 4th year Gauri PD 4th year	PREVENTION OF SPREAD OF INFECTIOUS DISEASE



