NATIONAL SCIENCE DAY

HEALTHCARE AWARNESS CAMP- REPORT

28/2/2024

Our college, Sarojini Naidu Vanitha Pharmacy Maha Vidyalaya visited Sri Sai Vidyalaya High School to give an awareness program on the occasion of National Science Day on 28th of February. We went along with 12 students accompanied with two faculty. The camp included awareness program on the topics - menstrual health and hygiene, physical activities, good touch bad touch & food habits and nutritional diets along with health camp including BP check-up and glucose level checkup.



THEME: MENSTRUAL HEALTH AND HYGEINE,



An awareness lecture regarding menstrual health, menstrual hygiene and care along with demonstration of use of menstrual cups and sanitary napkins was taken.





An awareness lecture regarding physical activities along with breathing exercises and physical fitness was taken.

THEME: FOOD HABITS AND NUTRITIONAL DIETS



An awareness lecture on food habits and nutritional diets was taken.





An awareness lecture on good touch bad touch along with a role play was taken.

THEME: MEDICAL CAMP





A health camp took place with BP checkup and glucose level checkup

The programme continued with felicitation and cultural event





On 28th 12 students was accompanied with 2 faculties organised the camp.

We Dr. Venu Thalla, Dr. Sujala the faculty and the students are grateful to our management for giving opportunity to this visit, we also thank the faculty & volunteers of Sri Sai Vidyalaya High School for their hospitality & we also thank our Director and Principal and Vice principal for providing a good educational visit.