



SAROJINI NAIDU VANITA PHARMACY MAHA VIDYALAYA

(Sponsored by the Exhibition Society), Tamaka, Secunderabad

Affiliated to Osmania University, Approved by AICTE & PCI

ISO 9001: 2015 Certified Institution, NBA Accredited B. Pharmacy Course

List of No. of Extension and Outreach activities with Report for AY 2021-22

S. No	Name of the activity	collaborating agency	Year of activity	No.of students participated
1	Conducted 2K run for breast cancer fighters on the occasion of Pink Ribbon day	NSS Unit	2021-22	200
2	National pharmacovigilance week - 2021	Pvpi	2021-22	100
3	Health promotion and education in school programme	Shanthinikethan model high school tukaram gate north lalaguda	2021-22	25
4	Free Blood Glucose Testing on the occasion of World Diabetes Day	Sun Pharma	2021-22	220
5	National road safety week	Nss unit	2021-22	50
6	Team building work shop on National youth day	Disha Bharath TS branch	2021-22	100
7	Patient counselling and health camp on the occasion of World Cancer Day	Pharmacy Practise department	2021-22	50
8	The narcotics awareness drive	Police department of telangana	2021-22	65
9	Womens day celebration guest lecture on "Aware Women" by Dr. B. Radhika, MBBS, MD, Gynaecologist .	Medicover hospitals	2021-22	210
10	Awareness program -kidney health on World kidney day	Apollo Hospitals, Hyderabad	2021-22	110
11	Awareness camp on TB as part of World Tuberculosis Day celebrations.	NSS Unit	2021-22	50
12	Pledge on safeguarding the society as part of World Environment Day	NSS Unit	2021-22	50
13	Awareness program-International Day Against Drug Abuse and Illicit Trafficking	NSS Unit	2021-22	80
14	Environmental enlightenment rally - Harithaharam	NSS Unit	2021-22	80
15	International day of yoga celebrations	NSS unit	2021-22	100

PRINCIPAL

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02-10-21

CIRCULAR

All students and faculty members are hereby informed that, we are conducting

“2K run for breast cancer fighters on the occasion of Pink Ribbon day” on 04/10/2021. The program will be held in Exhibition ground, Nampally. Please circulate to all make the event a grand success.

T. Sarathyosh

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Report on

2K run for breast cancer fighters on the occasion of Pink Ribbon day

Date:04/10/2021

Location: Exhibition ground, Nampally

Director: Dr. N. Srinivas

Principal: T. Dr. Saritha Jyostna

Vice Principal: Dr. T. Mamatha

Pink Ribbon Day is a global campaign held annually to raise awareness of breast cancer and support those affected by it. The day began with a special morning 2k run dedicated to Pink Ribbon Day with inauguration by Dr.B.Prabha Shankar, Chairman, SNVPMV . Dr. Saritha Jyostna, Principal, addressed the students and highlighted the importance of early detection and prevention of breast cancer. She emphasized the role students can play in spreading awareness among their families and communities.

Dr. T. Mamatha, conducted an informative session for students and staff, focusing on breast cancer risk factors, early detection methods, and available treatment options. She also addressed myths and misconceptions surrounding breast cancer, encouraging open discussion and question-and-answer interaction.

Students and staff joined together in taking a solemn pledge to raise awareness about breast cancer and support those affected by it. They pledged to wear pink ribbons throughout the month of October and actively participate in awareness campaigns.

Pink Ribbon Day at SNVPMV was a resounding success. The events successfully raised awareness about breast cancer among students, staff, and the wider community.

T. Saritha Jyostna

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16-09-21

CIRCULAR

All students and faculty members are hereby informed that, we will be observing “**National Pharmacovigilance Week-2021** (September 17th -23rd) 2021 on 18-09-21 with a theme “**Pharmacovigilance: A step Towards Patient Safety**” to reach common masses about the importance of reporting Adverse Drug Reactions (ADR).

All faculty and students are invited to actively participate, circulate to your near and dear make it a grand success.

T. Sarathyosh

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Report on

National Pharmacovigilance Week (NPW)-2021

September 17th -23rd , 2021

Theme: “Pharmacovigilance: A step Towards Patient Safety”

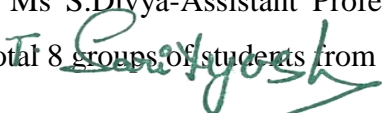
National Coordination Centre, Indian Pharmacopoeia Commission announced the official celebration of National Pharmacovigilance week from 17th -23rd September with a theme “Pharmacovigilance: A step Towards Patient Safety” to reach common masses about the importance of reporting Adverse Drug Reactions (ADR)

Inaugural function of NPW was conducted on 18th September 2021 in the auditorium of Sarojini Naidu Vanita Pharmacy Maha Vidyalaya (SNVPMV). This function was organised by inviting DrB.Surendra, (MD, DM- AIIMS-New Delhi) Medical Oncologist as Chief Guest and Dr B. Prabhashankar, Chairman of Exhibition Society as Guest of Honour. Dr. N Srinivas- Director, DrT.SaritaJyostna –Vice Principal and Dr T. Venu, HOD-Pharm D has shared the dais with Dr B. Surendra. Dr N Srinivas in his inaugural address emphasised the importance of ADR monitoring and the role of Pharm D graduates in it. Dr Sarita Jyostna has announced that SNVPMV has enrolled for National Pharmacovigilance Centre and informed the students to make use of the facility to update their skills. Dr T. Venu has mentioned about the incidence and reasons behind the ADR in India and said about the opportunities in pharmacovigilance field.

Dr B. Surendra in his invited talk entitled “Awareness & Early detection of Common cancers” mentioned the importance of early detection of various cancers and their treatment. He also stressed on the advantages and prevention methods of cervical cancer through vaccination

Dr B. Prabhashankar, Chairman, in his talk entitled “Pharmacovigilance Reporting System in India & Abroad” shared about his professional experiences on adverse drug reactions. He enlightened the students on manufacturing errors, distribution errors, prescription errors and administration errors that are responsible for ADR and the precautions to overcome them.

The Third day of the event, Dr Swarna Priya Darshini - Assistant Professor, Dr Shubam Babu Assistant Professor, Mr Sajid - Assistant Professor, Ms S.Diyya-Assistant Professor have conducted the quiz competition as part of the event. Total 8 groups of students from both


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B. Pharmacy and Pharm D were participated in quiz. There were 5 students in each group. B. Pharmacy 4th Year students were won the quiz.

On Sixth day, we have conducted patient counselling and slogan writing events. In patient counselling the students have played the role of patient and doctor and educated on adverse drug reactions. In slogan writing about 20 students participated from both B. Pharmacy and Pharm D individually. This event was based on the slogans related to Pharmacovigilance.

The Seventh day of NPW week was celebrated by conducting skits on the theme of ADR filing. In this event different approaches to file the ADR in Pharmacovigilance centre was explained. Dr B. Prabhaskar, Chairman, have attended the valedictory event of National Pharmacovigilance week 2021 and appreciated the students for their active participation. He suggested the students to differentiate ADR from the Side effects before approaching to file them in Pharmacovigilance centre. Dr V. Jyothi, Principal, thanked the Management, Faculty, Staff and Students for their active participation and making the NPW-2020 successful



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19-09-21

CIRCULAR

All students and faculty members are here by informed that, SHANTHINIKETHAN MODEL HIGH SCHOOL TUKARAM GATE NORTH LALAGUDA conducting “**HEALTH PROMOTION AND EDUCATION IN SCHOOL PROGRAMME**” on **22-09-21**. They requested our medical help to educate their students .Interested students please give your names to your class in charges before 20-9-21.

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Report on

Health Promotion And Education In School Programme

Date : 22-09-21

Venue: Shanthinikethan Model High School Tukaram Gate North Lalaguda

From SNVPMV total 20 students and two faculty were attended this programme to educate the students. Total of 500 students were participated they were divided them into 3 groups, Primary, higher boys and higher girls. The topics discussed were the importance of Nutrition, sleep cycle, good touch bad touch, physical activity, general hygiene, and menstrual hygiene for higher class girls. All the students participated actively. Thanks to the Chairman, Director, Principal and Vice Principal for their continuous support in making the event a grand success. Congratulations and thanks to all the students volunteered and involved themselves and made the program very interactive through their unique ideas



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CIRCULAR

All students and faculty members are here by informed that, we will be conducting

“Free Blood Glucose Testing on the occasion of World Diabetes Day” on 14/11/2021. The program will be held in Vijayapuri colony.

All faculty and students are invited to participate and make the event a grand success.

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Report on

Free Blood Glucose Testing on the occasion of World Diabetes Day

Date:14/11/2021

Venue: Vijayapuri colony.

Collaborating agency: Sun Pharma

Participants: The college administration, faculty, staff, students and local people of the area.

Director: Dr. N. Srinivas

Principal: Dr. T. Saritha Jyostna

Vice Principal: Dr. T. Mamatha

World Diabetes Day is observed globally on November 14th to raise awareness about diabetes and its impact on individuals and communities.

100 college students and 10 faculty member pasted posters & banners about diabetes symptoms, causes, prevention, and management on walls .

Free Blood Glucose Testing: A free blood glucose testing camp was organized for students, faculty, and the general public. This helped identify individuals with undiagnosed diabetes and encouraged early intervention.

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All students and faculty members are hereby informed that, we will be celebrating
“**NATIONAL ROAD SAFTY WEEK**” and a program will be held on 03/01/2022. The
program will be held in our college Premises.

All faculty and students are invited to participate and make the event a grand success.

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Report on

Awareness on Safe Driving Habits on the occasion of

National Road Safety Week

Institution: Sarojini Naidu Vanita Pharmacy Maha Vidyalaya, Tarnaka, Secunderabad, Telangana

Date: 3.1.2022

Objective: To create awareness among students about road safety and to promote safe driving habits.

The National Road Safety Week was a successful event that helped to raise awareness of road safety among students. The students were enthusiastic about the event and participated actively in all the activities. The organizers are confident that the event will have a positive impact on the students' driving habits and help to make the roads safer.



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8-1-22

CIRCULAR

All students and faculty members are here by informed that, Disha Bharath TS branch is conducting “**Team building work shop on National youth day**” and a program will be held On 12/01/2022. The program will be held in our college Premises.

All faculty and students are invited to participate and make the event a grand success.

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REPORT ON

Team building work shop on National youth day

Date: 12.01.2022

Sarojini Naidu Vanita Pharmacy Maha Vidhyalaya in Association with Disha Bharath TS branch has organized One Day work shop on Personality Development Program with a view to inculcate and improve over all personality development of the students. Total number of participants attended the program were 170 members including students, faculty & DB volunteers.

The event was anchored by B.Vyshnavi and Lisa Patel of B.Pharm 4th year and program started by inviting the guests on to dais for lightening the lamp with students and followed by a prayer song. The gathering was addressed by Principal of SNVPMV Dr.T.SarithaJyotsna, explained the importance of Indian cultures and morals to lead a better professional and personal life. As a part of the event Chief Guest eminent Magician, Gunnies world record holder Sri Samala Venu started the work shop at 9.45am with the introduction of the speakers Dr Pramodh Natarajan , Mrs. Sneha Damle , Dr.Pruthu and Mrs Vennela Reddy and how Disha Bahrath team is contributing the nation by conducting the PDP in various colleges in India.

The National Youth Day celebrations were a success. They provided an opportunity for the students and faculty of Sarojini Naidu Vanita Pharmacy Maha Vidyalaya to come together and celebrate the power of youth.

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Vivekananda's Vision – Religion and Spirituality



Each soul is potentially divine. The goal is to manifest this divinity within, by controlling nature, external and internal. Do this either by work, or worship, or psychic control, or philosophy— by one or more or all of these— and be free. This is the whole of religion.

*Atmano Mokshartham Jagat Hitaya Cha
Recognizing the Divinity within and Oneness of all existence is the essence of spirituality.*

- ✓ Be good and do good
- ✓ Respect all religions
- ✓ Harmony with Self
- ✓ Harmony with Nature
- ✓ Leading a Spiritual life



My Mission



T. Sarathyosh

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CIRCULAR

1-2-22

All students and faculty members are hereby informed that, Pharmacy Practise department of SNVPMV is conducting “**Patient counseling and health camp on the occasion of World Cancer Day**” on 4/02/2022. The program will be held in Government school, Lalapet .

All faculty and students are invited to participate and make the event a grand success.

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Report on

Patient counseling and health camp on the occasion of World Cancer Day

Date: 4/02/2022

SRL lab technicians conducted health camp for preliminary checking of vital parameters for all teaching and non teaching staff of school . SNVPMV students address the school students in Lalapet school regarding the effect of life style modification ,emphasis of effect of it on Cancer Patient counselling on the occasion of World Cancer Day .Describe the type of patients counseled (e.g., newly diagnosed, survivors, specific cancer types).



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**GOVERNMENT OF TELANGANA
POLICE DEPARTMENT**



Office of the
Inspector of Police,
Lallaguda P.S., Sec'bad.
Date: 21-02-2022

To,
The Principle,
Sarojini Naidu Vanita Pharmacy Maha Vidyalaya,
Tarnaka, Secunderabad.

Sir,

Sub:- Hyderabad City Police - PS Lallaguda - Request to depute the 150 member of students to Multipurpose Function Hall, Sithafal Mandi, Chilkaiguda, Secunderabad to attend " Anti-Drug Awareness Programe" on - Reg.

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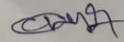
With reference to the above cited subject, it is to inform you that, the Telangana State Government has given call for "Narcotics-free State" and to achieve the aim of the state government, Sri. C.V. Anand, IPS, the Commissioner of Police, Hyderabad City is conducting the Anti-Drug Awareness Programs in Hyderabad City to create awareness among the students on the damage caused by the Narcotics Drugs.

Further it is informing you that, the Anti-Drug Awareness Programs is scheduled at Multipurpose Function Hall, Sithafal Mandi, Chilkaiguda on **22-02-2022 at 10:00 AM** headed by Smt.Chandana Deepthi, Dy. Commissioner of Police, North Zone to create awareness among the students on the damages caused by the Narcotics Drugs.

Therefore, it is requesting you to kindly depute the 150 number of Students of your college to attend the Anti-Drug Awareness Programme at Multipurpose Function Hall, Chilkaiguda on 22-02-2022 at 10:00 AM.

Thanking you sir,

Yours faithfully,


Inspector of Police
Sub-Inspector of Police
Lallaguda P.S., Sec'bad.
P.S. Lallaguda, Hyd.



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REPORT ON

THE NARCOTICS AWARENESS DRIVE

By

Police Department of Telangana

On the evening of 21-2-2022 all the faculty were informed about Narcotics awareness drive, which was conducted by the police department of Telangana. Prior planning of the program transportation and informing the students was completed on the same day.

On 22-2-2022 a head count of 65 students were accompanied by two faculty members Dr. V. Asha Jyothi and Dr. Divya to the venue at Sitaphalmandi, Community Hall, Hyderabad via college bus as means of transport. The participants reached the venue at 9:30 a.m. prior to the beginning of the program.

Students were directed to occupy the allotted seating arrangement and were constantly monitored by the accompanied faculty. Our college director Dr. N. Srinivas have accompanied the students and Dr. T. Venu supervised and monitored the events till the end of the program. In the awareness programme our college students and Dr. T. Venu was given chance to speak on impact of narcotics on youth.

Many other teenage students from school, Jr college, NCC scout also joined as the participants of the events, as narcotics awareness drive was mainly targeted for the Awareness of the teenagers and youth not to fall prey for narcotics addiction.

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As part of the awareness program many folk songs were played by the music band at the venue, which are more focused on teenage, youth and narcotics and its impact on the health of youngsters. Many dignitaries have attended the meeting and address the gathering to bring the awareness about narcotics abuse and consequences of addiction.

Important information like the importance of early identification of addicts and helpline information was provided in detailed and useful manner in the form of short films and multimedia presentation.

Police personnel have been very accommodative of the students especially protective of all the female students at the gathering. The organising team provided refreshments to all the gathered participants.

The chief guest Mrs. Chandana commissioner of police and celebrity comedians have also attended the gathering entertain the assembled gathering and spoke about narcotic abuse in a lighter note.

The narcotics awareness drive was very useful informative engaging and very satisfactory experience to our students to attend such an awareness drive at such big platform. Benefits of police personnel were highly commendable and appreciated by everyone.



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07-03-22

CIRCULAR

All students and faculty members are here by informed that, we are in association with Medcover hospitals conducting a **Guest lecture on “Aware Women” by Dr. B. Radhika, MBBS, MD, Gynaecologist** on 10/03/2022. The program will be held in our college Premises.

All faculty and students are invited to actively participate and make the event a grand success.

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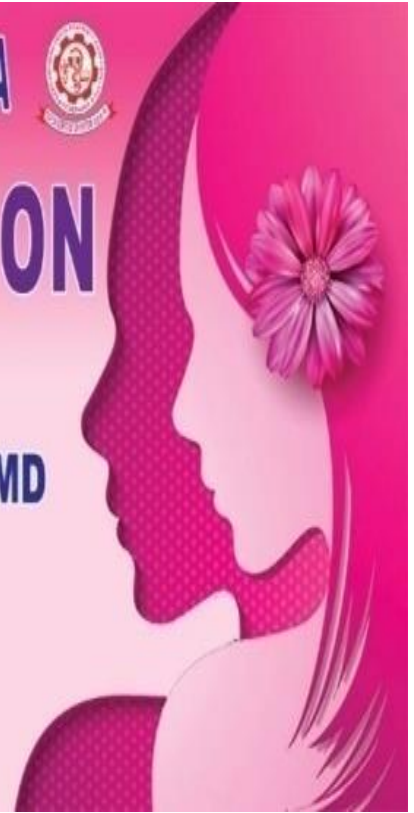
WOMEN'S DAY CELEBRATION

10TH MARCH, 2022

RESOURCE PERSON : Dr. B. Radhika, MBBS, MD

**Gynecologist & Obstetrician, Laproscopic Surgeon,
Infertility Specialist, Medicover Hospitals, Hyderabad**

TOPIC : AWARE WOMEN



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REPORT ON THE WOMENS DAY CELEBRATION

As a part of women's days celebrations, a guest lecture on women's health was planned as a part of the program resource person invited for women's day celebration was Dr. B. Radhika, MBBS, MD, a renowned gynaecologist from Medicover hospitals spoke on the topic of the event "*Aware Women*" that fits the need of the hour to bring the awareness to all the young women and women about various aspects of the women's physiological changes with age.

The speaker delivered a quality lecture and provided valuable information on the women's physiology, hormones and hormonal disorders and their impact on the quality of life of the women with emphasis on the therapeutic management. She addressed and brought to light about the women's gynaecological complications their awareness and their management.

The topics addressed were women's fertility, childbirth, management of hormonal disorders, gynaecological complications such as hypermenorrhoea, dysmenorrhoea, pelvic inflammation, hypothyroidism, retrograde menstruation, menstrual hygiene, pregnancy, pregnancy complications such as gestational diabetes and gestational hypertension, importance of planned pregnancy, contraception, emergency contraception, novel contraceptive measures, importance of pap smear, various types of vaccines, that are important for women premenstrual symptoms, hormonal imbalances and treatment with hormones, urinary tract infection, breast cancer, menopause and importance of calcium in maintenance of bone mineral density. Program was a grand success and all the stakeholders of the event were benefitted by the lecture.

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By Nichi

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10-03-22

CIRCULAR

All students and faculty members are here by informed that, NSS Unit ,SNVPMV is conducting “**Awareness program -kidney health on World kidney day**” on 14/03/2022 Nagarjuna Nagar Association ,Tarnaka..

All faculty and students are invited to actively participate and make the event a grand success.

T. Sarathyosh

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REPORT ON

Awareness program -kidney health on World kidney day

Date: 14.3.2022

Time: 9:00 AM to 12:00 PM

Location: Nagarjuna Nagar Association ,Tarnaka

Organizers: NSS UNIT, Sarojini Naidu Vanita Pharmacy Maha Vidyalaya College

Participants: Nagarjuna Association Members and public.

Pharmacology Department HOD explains the anatomy and functions of kidney.

Pharm D students explain the tips to follow to maintain healthy kidney

Kidneys are essential organs that play a vital role in filtering waste products from the blood, regulating blood pressure, and producing hormones.

Kidney disease is a serious condition that can lead to kidney failure, if not detected and treated early.

There are many risk factors for kidney disease, including high blood pressure, diabetes, smoking, and obesity.

- There are a number of things that can be done to prevent kidney disease, including maintaining a healthy weight, eating a healthy diet, and exercising regularly.

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19-03-22

CIRCULAR

All students and faculty members are here by informed that, NSS Unit ,SNVPMV is conducting “**Awareness camp on TB as part of World Tuberculosis Day celebrations.**” on 24 March 2022 in Snehapuri colony,Nacharam.

Interested faculty and students are invited to actively participate and make the event a grand success.

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Report on

Awareness camp on TB as part of World Tuberculosis Day celebrations

Theme: "Invest to End TB. Save Lives."

Date: 24th March 2022

Place: Snehapuri colony, Nacharam

Organisers: NSS unit ,SNVPMV

Director: Dr. N. Srinivas Principal: Dr. T. Saritha Jyostna Vice Principal: Dr. T. Mamatha

Objectives:

- To raise awareness about tuberculosis (TB)
- To educate students about the causes, symptoms, and treatment of TB
- To encourage students to participate in TB prevention and control activities

50 students participated in a variety of activities to raise awareness about TB. They created posters and banners, wrote slogans, and performed skits. They also participated in a mock TB screening clinic.

Overall, the World Tuberculosis Day event at Sarojini Naidu Vanita Pharmacy Maha Vidyalaya was a valuable opportunity to educate students about this important public health issue.

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03-06-22

CIRCULAR

All students and faculty members are here by informed that, NSS Unit ,SNVPMV is conducting” **Pledge on safeguarding the society as part of World Environment Day** “on 04/06/2022. The program will be held in our college Premises.

All faculty and students are invited to actively participate and make the event a grand success.

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PRINCIPAL



Report on

Pledge on safeguarding the society as part of World Environment Day

Date: 04 June 2022

Venue: Sarojini Naidu Vanita Pharmacy Maha Vidyalaya College, Hyderabad, India

Attendees:

- All faculty and staff of the college
- All students of the college

Objectives:

- To raise awareness of the importance of environmental conservation
- To promote sustainable practices within the college community
- To inspire students to take action to protect the environment

Activities:

- The day began with a prayer and a speech by Dr. N. Srinivas, the director of the college.
- Dr. Srinivas spoke about the importance of environmental conservation and the need for everyone to do their part to protect the environment.
- He also emphasized the importance of sustainable practices in education.
- Following Dr. Srinivas's speech, there was a tree planting ceremony.
- Students, faculty, and staff planted trees on the college campus.
- This was a symbolic gesture to show the college's commitment to environmental conservation.
- The day concluded with a pledge to protect the environment.
- All attendees signed a pledge to do their part to protect the environment.

The events raised awareness of the importance of environmental conservation and inspired students to take action to protect the environment.

The college is committed to environmental conservation and will continue to organize events and activities to promote sustainable practices.

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<p>you and I</p> <p>carry our own refillable water bottles instead of buying packaged water bottles on travel.</p>	<p>you and I</p> <p>take up home-composting of kitchen waste, and walk with a glow of pride for having reduced nearly 50% of the waste, which otherwise the Gram Panchayat or the Municipality has to handle.</p>
<p>you and I</p> <p>segregate waste (as wet, dry and hazardous) at the household level before passing it on to the waste collection system of the Panchayat or Municipality.</p>	<p>you and I</p> <p>stop supporting roadside eateries that generate tons of garbage and go off counting the day's profit unmindful of the trash one has caused enter the sewerage system.</p>
<p>you and I</p> <p>commit to slow the flow while taking bath (or use a shower head), and switch off lights, fans, and air-conditioners while leaving our rooms.</p>	<p>you and I</p> <p>care to pass on plastic and other recyclable items to the recyclers / rag pickers. Care to wash milk covers, aluminium packs / foils from restaurants, refill oil covers etc. before passing them on for recycling.</p>
<p>Adapt Lifestyles in harmony with nature</p> <p>SDG : 12 Substantially reduce waste generation through prevention, reduction, recycling and reuse; and adopt life styles in harmony with nature.</p>	



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24-06-22

CIRCULAR

All students and faculty members are here by informed that, NSS Unit, SNVPMV is conducting “**Awareness program-International Day Against Drug Abuse and Illicit Trafficking**” on 25/06/2022. The program will be held in Pr.Jayashanker indoor stadium Lalpet .

All faculty and students are invited to actively participate and make the event a grand success.

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REPORT ON

Awareness program-International Day Against Drug Abuse and Illicit Trafficking

Place: Pr.Jayashanker indoor stadium Lalpet

Sarojini Naidu Vanita Pharmacy Maha Vidyalaya (SNVPMV) NSS unit actively participated in program in raising awareness and promoting action against drug abuse and illicit trafficking. On June 25th, 2022, the college observed International Day Against Drug Abuse and Illicit Trafficking with various initiatives and programs.

Objectives:

- To educate students and faculty about the dangers of drug abuse and illicit trafficking.
- To promote healthy lifestyle choices and well-being.
- To advocate for effective drug prevention and treatment programs.
- A campaign was organized to encourage creativity and raise awareness among students. The theme for the competition was "Say No to Drugs". Students showcased their talent through impactful posters highlighting the negative consequences of drug abuse.
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29-6-22

CIRCULAR

All students and faculty members are here by informed that we are going to conduct a “**Environmental enlightenment rally -Harithaharam** ” in association with SNVPMV NSS unit, on 30/06/2022. All faculty and students are invited to participate and make the event grand success.

T. Sarathyosh

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Report on

Environmental enlightenment rally -Harithaharam

Date: 30.6.2022

Organizers:NSS Unit of Sarojini Naidu Vanita Pharmacy Maha Vidyalaya (SNVPMV)

Haritha haram organizes a variety of activities throughout the year to promote environmental awareness and sustainability. Some of the organization's past and upcoming activities include Haritha haram organizes regular plantation drives on campus to increase the green cover.

Haritha haram has had a positive impact on the environment around SNVPMV. The organization's plantation drives have helped to increase the green cover on campus, and its waste management drives have helped to reduce the amount of waste that is sent to landfills. Haritha haram's energy conservation and water conservation drives have also helped to promote a more sustainable campus.

Haritha haram is a valuable asset to SNVPMV. The organization is committed to promoting environmental awareness and sustainability, and it has had a positive impact on the environment around the college.

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19-06-22

CIRCULAR

All students and faculty members are here by informed that, we will be celebrating

“International Yoga Day” on 21/06/2022. The program will be held in our college Premises.

All faculty and students are invited to actively participate and make the event a grand success.

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REPORT ON

INTERNATIONAL DAY OF YOGA CELEBRATIONS

Date: 21 June 2022

Time: 7:00 AM to 8:00 AM

Venue: Parade grounds, Secunderabad

Participants:

- All faculty members and NSS students of the college

Objectives:

- To raise awareness about the benefits of yoga
- To promote physical and mental health and well-being
- To create a sense of community and well-being among the college community

Program:

The program began with a welcome address by Mrs. V. Jyothi, principal of the college. She spoke about the importance of yoga and its benefits for physical and mental health. She also stressed the need to promote yoga among young people.

The program then featured a demonstration of yoga poses by a certified yoga instructor. The instructor demonstrated a variety of poses, including sun salutations, standing poses, and seated poses. She also explained the benefits of each pose.

After the demonstration, the students were invited to participate in a yoga session. The session was led by the yoga instructor and lasted for about 30 minutes. The students enjoyed the session and found it to be a great way to start their day.

The program concluded with a closing address by Dr. T. Saritha Jyostna, Principal of the college. She thanked everyone for participating and encouraged them to continue practicing yoga.

The program was a great success and was well-received by the students and faculty. The college plans to continue celebrating International Day of Yoga in the future.

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