



SAROJINI NAIDU VANITA PHARMACY MAHA VIDYALAYA

(Sponsored by the Exhibition Society), Tamaka, Secunderabad

Affiliated to Osmania University, Approved by AICTE & PCI

ISO 9001: 2015 Certified Institution, NBA Accredited B. Pharmacy Course

List of Activities for the A.Y 2018-19

S. No	Details
<u>Soft skills</u>	
1	Soft skills and Job skills for carrier opportunities in pharma industry
2	Challenges in campus placements and improvement of soft skills for carrier in pharmaceutical industry
<u>Language and Communication skills</u>	
1	How To Improve Communication Skills
2	Communication And Research Presentation Skills
<u>Life skills</u>	
1	Kanti Velugu
2	Ashtanga Yoga and Meditation

T. Sarathyosh

PRINCIPAL

Sarojini Naidu Vanita Pharmacy Maha Vidyalaya
Vijayapuri Colony, S.Lafaguda, Tarnaka
Secunderabad-500 017.



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SOFT SKILLS

2018-19



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Date: 18/09/2018

CIRCULAR

This is to inform all B. Pharmacy III and IV year students that we have a seminar on **“Soft skills and Job skills for carrier opportunities in pharma industry”** by Dr. Joginapally Sreekanth, Director Progeneric Pharma Pvt Ltd, Hyderabad and Dr. N. Srinivas Director SNVPMV on 19th September 2018, at 11:00AM at Sarojini Naidu Vanita Pharmacy Maha Vidyalaya auditorium. Hence all the students are hereby informed to attend the guest lecture and utilise the opportunity without fail.

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T. Sarathyosh

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Sarojini Naidu Vanita Pharmacy Maha Vidyalaya
Vijayapuri Colony, S.Lalaguda, Tamaka
Secunderabad-500 017.



Seminar Report: Soft Skills and Job Skills for Career Opportunities in Pharma Industry

Date: 19th September 2018

Time: 11:00 AM

Venue: Sarojini Naidu Vanita Pharmacy Maha Vidyalaya Auditorium

Speakers:

Dr. Joginapally Sreekanth

Director, Progeneric Pharma Pvt Ltd, Hyderabad

Dr. N. Srinivas

Director, SNVPMV

Introduction:

The seminar on "Soft Skills and Job Skills for Career Opportunities in Pharma Industry" held on 19th September 2018 at Sarojini Naidu Vanita Pharmacy Maha Vidyalaya was an enlightening experience for the students pursuing B.Pharmacy. The esteemed speakers, Dr. Joginapally Sreekanth and Dr. N. Srinivas, shared their valuable insights into the crucial aspects of soft skills and job skills required to excel in the pharmaceutical industry.

Key Points Covered:

Soft Skills in Pharma Industry:

Dr. Joginapally Sreekanth emphasized the significance of soft skills in the professional landscape. He highlighted the importance of effective communication, teamwork, and adaptability. Students were encouraged to develop interpersonal skills to thrive in the dynamic pharmaceutical sector.

Job Skills for Success:

Dr. N. Srinivas delved into the specific job skills essential for a successful career in the pharmaceutical industry. Topics covered included technical proficiency, problem-solving abilities, and staying updated with industry trends. Practical insights were shared to bridge the gap between academic knowledge and industry demands.

Industry Trends and Opportunities:

Both speakers provided a comprehensive overview of current trends and emerging opportunities in the pharmaceutical sector. Students gained insights into advancements in drug development, regulatory affairs, and the growing role of technology in shaping the industry's future.

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Interactive Session:

The seminar also included an interactive session where students had the opportunity to pose questions and seek advice from the experienced speakers. This segment enhanced the engagement and allowed for a more personalized learning experience.

Conclusion:

The seminar on "Soft Skills and Job Skills for Career Opportunities in Pharma Industry" proved to be a valuable learning experience for B.Pharmacy students. Dr. Joginapally Sreekanth and Dr. N. Srinivas shared their extensive knowledge, providing a roadmap for students to enhance their soft skills and develop the necessary job skills to succeed in the competitive pharmaceutical industry.

This event served as a bridge between academic learning and real-world application, preparing students for a promising future in the pharmaceutical sector. The Sarojini Naidu Vanita Pharmacy Maha Vidyalaya community extends its gratitude to the esteemed speakers for their enlightening contributions.

The session was ended with vote of thanks given by Smt.Jyothi.



List of the students attended

S. No	Hall Ticket No.	Name of the Student	Program
1	1704-16-881-001	A. JYOTHSNA	III B. PHARMACY
2	1704-16-881-002	Aenugu Manasa	III B. PHARMACY
3	1704-16-881-003	Anugula Sai Sumanya	III B. PHARMACY
4	1704-16-881-004	Aradhana Sathya Rajan	III B. PHARMACY
5	1704-16-881-005	Athota Mounika	III B. PHARMACY
6	1704-16-881-007	Balamoni Divyasri	III B. PHARMACY
7	1704-16-881-008	Chinthareddy Anusha	III B. PHARMACY

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9	1704-16-881-010	Desai Sravani	III B. PHARMACY
10	1704-16-881-011	Devaragatla Vandana	III B. PHARMACY
11	1704-16-881-012	Dodde Trishala	III B. PHARMACY
12	1704-16-881-013	Eleti Bunny Priya	III B. PHARMACY
13	1704-16-881-014	Gadi Sushma	III B. PHARMACY
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16	1704-16-881-017	Jogu Sowjanya	III B. PHARMACY
17	1704-16-881-018	Jorrigala Sahithi	III B. PHARMACY
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25	1704-16-881-027	Mamidala Akshara	III B. PHARMACY
26	1704-16-881-028	Mamidi Manisha Reddy	III B. PHARMACY
27	1704-16-881-029	Mancha Hiranmai	III B. PHARMACY
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34	1704-16-881-036	Pachavan Lakshmi Prasanna	III B. PHARMACY
35	1704-16-881-037	Pachva Bhoomika	III B. PHARMACY
36	1704-16-881-039	Paramatigari Sheeba Sherlyn Andrews	III B. PHARMACY
37	1704-16-881-040	Parchaki Pranitha	III B. PHARMACY
38	1704-16-881-041	Pathi Aarthi	III B. PHARMACY
39	1704-16-881-042	Pilli Girija Sravani	III B. PHARMACY
40	1704-16-881-043	Posani Sai Harshita	III B. PHARMACY
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46	1704-16-881-050	Sanjana Simansu Swain	III B. PHARMACY
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49	1704-16-881-053	Sreeja Katturi	III B. PHARMACY
50	1704-16-881-054	Suneha Khathun	III B. PHARMACY
51	1704-16-881-055	Surmapally Sagarika	III B. PHARMACY
52	1704-16-881-056	Tudum Vijaya Lakshmi	III B. PHARMACY
53	1704-16-881-057	Ubale Samiksha	III B. PHARMACY
54	1704-16-881-058	Uppalanchi Prashanthi	III B. PHARMACY
55	1704-16-881-059	Vuthuri Nikitha	III B. PHARMACY
56	1704-16-881-060	Yeredla Swathi	III B. PHARMACY
57	1704-16-881-061	Yeruva Maria Diana	III B. PHARMACY
58	1704-16-881-062	Amenah Haitham Mezher Al-Jubori	III B. PHARMACY
59	1704-16-881-063	Tanvi Mathur	III B. PHARMACY
60	1704-15-881-001	Shiak Raheen	IV B. PHARMACY
61	1704-15-881-002	Aknapuram Shivani	IV B. PHARMACY
62	1704-15-881-004	Aleti Akhila	IV B. PHARMACY
63	1704-15-881-005	Alifia Shireen	IV B. PHARMACY
64	1704-15-881-006	Anandesh Harika	IV B. PHARMACY
65	1704-15-881-007	Anumalla Harika	IV B. PHARMACY
66	1704-15-881-008	Athota Pooja Latha	IV B. PHARMACY
67	1704-15-881-009	Ballem Bhargavi	IV B. PHARMACY
68	1704-15-881-010	Bushra Fatima	IV B. PHARMACY
69	1704-15-881-011	Chapidi Mounika	IV B. PHARMACY
70	1704-15-881-012	Chigulla Pavani	IV B. PHARMACY
71	1704-15-881-013	Chilukuri Gangajala	IV B. PHARMACY
72	1704-15-881-015	Danyasi Swarnalatha	IV B. PHARMACY
73	1704-15-881-016	Devershetty Shravani	IV B. PHARMACY
74	1704-15-881-017	G. Latha Shree	IV B. PHARMACY
75	1704-15-881-018	G. Simran	IV B. PHARMACY
76	1704-15-881-019	Gande Sreeja	IV B. PHARMACY
77	1704-15-881-020	Gandra Swechacha	IV B. PHARMACY
78	1704-15-881-021	Gilleypalli Anajali	IV B. PHARMACY
79	1704-15-881-022	Hajira Fathima	IV B. PHARMACY
80	1704-15-881-023	Husna Abu Zafar	IV B. PHARMACY
81	1704-15-881-025	Kadarla Vinayasree	IV B. PHARMACY
82	1704-15-881-026	Kaditham Mahitha	IV B. PHARMACY
83	1704-15-881-028	Kamtan Veena	IV B. PHARMACY
84	1704-15-881-029	Kanduri Vishista	IV B. PHARMACY
85	1704-15-881-031	Kodam Sushma	IV B. PHARMACY
86	1704-15-881-032	Kummari Poornima	IV B. PHARMACY
87	1704-15-881-033	Kuppa Poojitha	IV B. PHARMACY
88	1704-15-881-034	Lakkabathini Gouthami	IV B. PHARMACY
89	1704-15-881-035	Lakshmi Aishwarya Sonti	IV B. PHARMACY
90	1704-15-881-036	Lingampally Vidya	IV B. PHARMACY

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91	1704-15-881-037	Madamshetti Sneha	IV B. PHARMACY
92	1704-15-881-038	Madras L Usha Rani	IV B. PHARMACY
93	1704-15-881-039	Malgireddy Manisha	IV B. PHARMACY
94	1704-15-881-040	Mehnaz Sultana	IV B. PHARMACY
95	1704-15-881-041	Md. Farheen Begum	IV B. PHARMACY
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99	1704-15-881-046	Namani Ramadevi	IV B. PHARMACY
100	1704-15-881-047	Nayaki Monika	IV B. PHARMACY
101	1704-15-881-048	Nemili Ruth Neha	IV B. PHARMACY
102	1704-15-881-049	Nida Unnisa	IV B. PHARMACY
103	1704-15-881-050	Palla Manasa	IV B. PHARMACY
104	1704-15-881-051	Pandavula Shika	IV B. PHARMACY
105	1704-15-881-052	Parasa Hunnah Varshika	IV B. PHARMACY
106	1704-15-881-053	Patil Jyothi Reddy	IV B. PHARMACY
107	1704-15-881-055	Pinna Sai Divija	IV B. PHARMACY
108	1704-15-881-056	Pittala Vanitha	IV B. PHARMACY
109	1704-15-881-057	Pottabathini Malathi	IV B. PHARMACY
110	1704-15-881-058	Pulle Geetha Sahithi	IV B. PHARMACY
111	1704-15-881-059	Rachamarla Lakshmi Prasanna	IV B. PHARMACY
112	1704-15-881-060	Ranapaga Prasanna Lakshmi	IV B. PHARMACY
113	1704-15-881-061	Rathlavath Anjali	IV B. PHARMACY
114	1704-15-881-062	Raulapally Sirisha	IV B. PHARMACY
115	1704-15-881-063	Rubina	IV B. PHARMACY
116	1704-15-881-064	Salma Begum	IV B. PHARMACY
117	1704-15-881-065	Sara Kauser	IV B. PHARMACY
118	1704-15-881-066	Sevelli Keerthana	IV B. PHARMACY
119	1704-15-881-067	Shabana Sultana	IV B. PHARMACY
120	1704-15-881-068	Somagani Indumathi	IV B. PHARMACY
121	1704-15-881-069	Soni	IV B. PHARMACY
122	1704-15-881-070	Sreerama Yamini Jagdeesh	IV B. PHARMACY
123	1704-15-881-071	Sriramoju Durga Bhavani	IV B. PHARMACY
124	1704-15-881-072	Vibhuti Yamuna	IV B. PHARMACY
125	1704-15-881-073	Vislavath Haritha	IV B. PHARMACY
126	1704-15-881-302	Jiguru Rajeswari	IV B. PHARMACY
127	1704-15-881-303	Meenu Sumaswi	IV B. PHARMACY
128	1704-15-881-304	Pulipati Swathi	IV B. PHARMACY
129	1704-15-881-305	P. Ravali	IV B. PHARMACY

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Date: 14/02/2019

CIRCULAR

This is to inform B.Pharmacy III & IV year and Mpharm students that we have a Guest lecture on **“Challenges in campus placements and improvement of soft skills for carrier in pharmaceutical industry”** by Mr.Dipankar Bhowmik, Data Scientist, Certum ventures, Bangalore and Dr. N. Srinivas Director SNVPMV on 14th February 2019, at 03:00 PM at Sarojini Naidu Vanita Pharmacy Maha Vidyalaya auditorium. Hence all the students are hereby informed to attend the guest lecture and utilise the opportunity without fail

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Guest Lecture Report: "Challenges in Campus Placements and Improvement of Soft Skills for a Career in the Pharmaceutical Industry"

Date: 14th February 2019

Time: 03:00 PM

Venue: Sarojini Naidu Vanita Pharmacy Maha Vidyalaya Auditorium

Guest Speakers:

Mr. Dipankar Bhowmik

Data Scientist, Certum Ventures, Bangalore

Dr. N. Srinivas

Director, SNVPMV

Introduction:

The guest lecture on "Challenges in Campus Placements and Improvement of Soft Skills for a Career in the Pharmaceutical Industry" held on 14th February 2019 at Sarojini Naidu Vanita Pharmacy Maha Vidyalaya was an insightful session for B.Pharmacy students. Mr. Dipankar Bhowmik, a Data Scientist from Certum Ventures, Bangalore, and Dr. N. Srinivas, Director of SNVPMV, shared their expertise to address the challenges faced during campus placements and the importance of enhancing soft skills for a successful career in the pharmaceutical industry.

Key Highlights:

Challenges in Campus Placements:

Mr. Dipankar Bhowmik discussed the evolving landscape of campus placements in the pharmaceutical industry. He shed light on the challenges faced by students, such as increased competition, changing industry requirements, and the need for a diverse skill set. Students were provided with valuable insights into navigating these challenges effectively.

Role of Soft Skills:

Dr. N. Srinivas emphasized the crucial role of soft skills in securing a successful career. He highlighted that while technical knowledge is essential, possessing strong communication, interpersonal, and problem-solving skills significantly enhances employability. Practical tips and examples were shared to help students understand the application of soft skills in a professional setting.

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Data Science in Pharma:

Mr. Dipankar Bhowmik provided a glimpse into the growing importance of data science in the pharmaceutical sector. He explained how data-driven insights are transforming various aspects of the industry, from drug discovery to market analysis. Students gained awareness of the emerging trends and the relevance of staying updated with technological advancements.

Interactive Q&A Session:

The lecture included an interactive question and answer session where students had the opportunity to seek advice and clarification from the guest speakers. This engagement fostered a dynamic learning environment and allowed for a deeper understanding of the topics discussed.

Conclusion:

The guest lecture on "Challenges in Campus Placements and Improvement of Soft Skills for a Career in the Pharmaceutical Industry" provided B.Pharmacy students with a valuable perspective on the current scenario of campus placements and the essential soft skills required for success in the industry. Mr. Dipankar Bhowmik and Dr. N. Srinivas shared practical insights and guidance, empowering students to navigate challenges and excel in their professional journey.

The Sarojini Naidu Vanita Pharmacy Maha Vidyalaya community extends gratitude to the esteemed guest speakers for their enriching contributions to the academic and career development of the students.



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49	1704-16-881-053	Sreeja Katturi	III B. PHARMACY
50	1704-16-881-054	Suneha Khathun	III B. PHARMACY
51	1704-16-881-055	Surmapally Sagarika	III B. PHARMACY
52	1704-16-881-056	Tudum Vijaya Lakshmi	III B. PHARMACY
53	1704-16-881-057	Ubale Samiksha	III B. PHARMACY
54	1704-16-881-058	Uppalanchi Prashanthi	III B. PHARMACY
55	1704-16-881-059	Vuthuri Nikitha	III B. PHARMACY
56	1704-16-881-060	Yeredla Swathi	III B. PHARMACY
57	1704-16-881-061	Yeruva Maria Diana	III B. PHARMACY
58	1704-16-881-062	Amenah Haitham Mezher Al-Jubori	III B. PHARMACY
59	1704-16-881-063	Tanvi Mathur	III B. PHARMACY
60	1704-15-881-001	Shiak Raheen	IV B. PHARMACY
61	1704-15-881-002	Aknapuram Shivani	IV B. PHARMACY
62	1704-15-881-004	Aleti Akhila	IV B. PHARMACY
63	1704-15-881-005	Alifia Shireen	IV B. PHARMACY
64	1704-15-881-006	Anandesh Harika	IV B. PHARMACY
65	1704-15-881-007	Anumalla Harika	IV B. PHARMACY
66	1704-15-881-008	Athota Pooja Latha	IV B. PHARMACY
67	1704-15-881-009	Ballem Bhargavi	IV B. PHARMACY
68	1704-15-881-010	Bushra Fatima	IV B. PHARMACY
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70	1704-15-881-012	Chigulla Pavani	IV B. PHARMACY
71	1704-15-881-013	Chilukuri Gangajala	IV B. PHARMACY
72	1704-15-881-015	Danyasi Swarnalatha	IV B. PHARMACY
73	1704-15-881-016	Devershetty Shravani	IV B. PHARMACY
74	1704-15-881-017	G. Latha Shree	IV B. PHARMACY
75	1704-15-881-018	G. Simran	IV B. PHARMACY
76	1704-15-881-019	Gande Sreeja	IV B. PHARMACY
77	1704-15-881-020	Gandra Swechacha	IV B. PHARMACY
78	1704-15-881-021	Gilleypalli Anajali	IV B. PHARMACY
79	1704-15-881-022	Hajira Fathima	IV B. PHARMACY
80	1704-15-881-023	Husna Abu Zafar	IV B. PHARMACY
81	1704-15-881-025	Kadarla Vinayasree	IV B. PHARMACY

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82	1704-15-881-026	Kaditham Mahitha	IV B. PHARMACY
83	1704-15-881-028	Kamtan Veena	IV B. PHARMACY
84	1704-15-881-029	Kanduri Vishista	IV B. PHARMACY
85	1704-15-881-031	Kodam Sushma	IV B. PHARMACY
86	1704-15-881-032	Kummari Poornima	IV B. PHARMACY
87	1704-15-881-033	Kuppa Poojitha	IV B. PHARMACY
88	1704-15-881-034	Lakkabathini Gouthami	IV B. PHARMACY
89	1704-15-881-035	Lakshmi Aishwarya Sonti	IV B. PHARMACY
90	1704-15-881-036	Lingampally Vidya	IV B. PHARMACY
91	1704-15-881-037	Madamshetti Sneha	IV B. PHARMACY
92	1704-15-881-038	Madras L Usha Rani	IV B. PHARMACY
93	1704-15-881-039	Malgireddy Manisha	IV B. PHARMACY
94	1704-15-881-040	Mehnaz Sultana	IV B. PHARMACY
95	1704-15-881-041	Md. Farheen Begum	IV B. PHARMACY
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100	1704-15-881-047	Nayaki Monika	IV B. PHARMACY
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105	1704-15-881-052	Parasa Hunnah Varshika	IV B. PHARMACY
106	1704-15-881-053	Patil Jyothi Reddy	IV B. PHARMACY
107	1704-15-881-055	Pinna Sai Divija	IV B. PHARMACY
108	1704-15-881-056	Pittala Vanitha	IV B. PHARMACY
109	1704-15-881-057	Pottabathini Malathi	IV B. PHARMACY
110	1704-15-881-058	Pulle Geetha Sahithi	IV B. PHARMACY
111	1704-15-881-059	Rachamarla Lakshmi Prasanna	IV B. PHARMACY
112	1704-15-881-060	Ranapaga Prasanna Lakshmi	IV B. PHARMACY
113	1704-15-881-061	Rathlavath Anjali	IV B. PHARMACY
114	1704-15-881-062	Raulapally Sirisha	IV B. PHARMACY
115	1704-15-881-063	Rubina	IV B. PHARMACY
116	1704-15-881-064	Salma Begum	IV B. PHARMACY
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120	1704-15-881-068	Somagani Indumathi	IV B. PHARMACY
121	1704-15-881-069	Soni	IV B. PHARMACY
122	1704-15-881-070	Sreerama Yamini Jagdeesh	IV B. PHARMACY
123	1704-15-881-071	Sriramoju Durga Bhavani	IV B. PHARMACY

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124	1704-15-881-072	Vibhuti Yamuna	IV B. PHARMACY
125	1704-15-881-073	Vislavath Haritha	IV B. PHARMACY
126	1704-15-881-302	Jiguru Rajeswari	IV B. PHARMACY
127	1704-15-881-303	Meenu Sumaswi	IV B. PHARMACY
128	1704-15-881-304	Pulipati Swathi	IV B. PHARMACY
129	1704-15-881-305	P. Ravali	IV B. PHARMACY
130	1704-18-884-001	Rameshwaram Shravani	I M. PHARMACY
131	1704-18-884-002	Ummathul Hajeera	I M. PHARMACY
132	1704-17-884-001	Granki Sai Lakshmi	II M. PHARMACY
133	1704-17-884-002	Kotha Anusha	II M. PHARMACY
134	1704-17-884-003	Mohammad Ashma	II M. PHARMACY
135	1704-17-884-004	Neevudu Pravalika	II M. PHARMACY
136	1704-17-884-006	Thotla Pranavi	II M. PHARMACY

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LANGUAGE & COMMUNICATION SKILLS

2018-19



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Date: 21/08/2018

CIRCULAR

This is to inform all the Bpharm IV and Pharm D III year students that we have a seminar on **“HOW TO IMPROVE COMMUNICATION SKILLS”** on 22nd August, 2018 at 09:30 AM by **Mr.Dipankar Bhowmik, Data scientist Centrum Ventures Bangalore** in our college Auditorium. Hence, we request all the students to attend and utilise this opportunity without fail.

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Date: 23/08/2018

REPORT ON SEMINAR ON “HOW TO IMPROVE COMMUNICATION SKILLS”.

Date: August 22, 2018

Time: 10:00 AM

Venue: Auditorium, SNVPMV, Tarnaka.

One day seminar on **HOW TO IMPROVE COMMUNICATION SKILLS** was organized by SAROJINI NAIDU VANITA PHARMACY MAHA VIDYALAYA, Secunderabad Telangana

Summary

Dr. T. Mamatha introduced Mr. Dipankar Bhowmik to the faculty; she then started the interaction session by handing over the mic to Mr. Dipankar Bhowmik. He explained the importance of communication skills in research and career and also mentioned certain ways to improve communication skills.

The seminar on "How to Improve Communication Skills" aimed to provide participants with valuable insights and practical tips on enhancing their ability to communicate effectively. Effective communication is essential in both personal and professional life, and this seminar was designed to address the importance of this skill and provide strategies to help individuals become better communicators.

1. Understanding the Importance of Communication Skills:

The seminar began with an explanation of why communication skills are crucial in various aspects of life, including professional growth, building strong relationships, and resolving conflicts. Effective communication serves as the foundation for success.

2. Barriers to Effective Communication:

The participants were educated on common barriers to effective communication, such as misunderstandings, noise, cultural differences, and emotional barriers. Recognizing and overcoming these barriers is a key step in improving communication skills.

3. Verbal Communication Skills:

a. **Clarity and Conciseness:** The seminar emphasized the importance of clear and concise verbal communication. Participants learned the significance of using plain language to convey their messages effectively.

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b. **Active Listening:** Active listening is a vital component of effective communication. Attendees were given tips on how to become better listeners and enhance their understanding of others.

4. **Non-Verbal Communication Skills:**

The seminar discussed the significance of non-verbal cues, including body language, facial expressions, and gestures. Participants were taught how to use and interpret non-verbal cues in communication.

5. **Effective Feedback:**

The concept of providing and receiving constructive feedback was explored. Attendees learned how to give feedback in a manner that promotes growth and how to accept feedback gracefully.

6. **Overcoming Communication Anxiety:**

This part of the seminar focused on techniques for reducing anxiety in communication, including public speaking, and strategies for building self-confidence.

7. **Interpersonal Communication Skills:**

Effective communication within personal and professional relationships was discussed. The seminar highlighted the importance of assertiveness, conflict resolution, and negotiation skills.

The seminar on "How to Improve Communication Skills" provided valuable insights into the world of effective communication. Participants left the event with a better understanding of the importance of communication skills and practical strategies for improvement. It was a step toward fostering better relationships and achieving success in various aspects of life.

Finally the vote of thanks was given by principam Madam who thanked the guest speaker and all the participants for making this Seminar successful



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List of the students attended

S. No	Hall Ticket No.	Name of the Student	Program
1	1704-15-881-001	Shiak Raheen	B. PHARMACY
2	1704-15-881-002	Aknapuram Shivani	B. PHARMACY
3	1704-15-881-004	Aleti Akhila	B. PHARMACY
4	1704-15-881-005	Alifia Shireen	B. PHARMACY
5	1704-15-881-006	Anandesh Harika	B. PHARMACY
6	1704-15-881-007	Anumalla Harika	B. PHARMACY
7	1704-15-881-008	Athota Pooja Latha	B. PHARMACY
8	1704-15-881-009	Ballem Bhargavi	B. PHARMACY
9	1704-15-881-010	Bushra Fatima	B. PHARMACY
10	1704-15-881-011	Chapidi Mounika	B. PHARMACY
11	1704-15-881-012	Chigulla Pavani	B. PHARMACY
12	1704-15-881-013	Chilukuri Gangajala	B. PHARMACY
13	1704-15-881-015	Danyasi Swarnalatha	B. PHARMACY
14	1704-15-881-016	Devershetty Shravani	B. PHARMACY
15	1704-15-881-017	G. Latha Shree	B. PHARMACY
16	1704-15-881-018	G. Simran	B. PHARMACY
17	1704-15-881-019	Gande Sreeja	B. PHARMACY
18	1704-15-881-020	Gandra Swechacha	B. PHARMACY
19	1704-15-881-021	Gilleypalli Anajali	B. PHARMACY
20	1704-15-881-022	Hajira Fathima	B. PHARMACY
21	1704-15-881-023	Husna Abu Zafar	B. PHARMACY
22	1704-15-881-025	Kadarla Vinayasree	B. PHARMACY
23	1704-15-881-026	Kaditham Mahitha	B. PHARMACY
24	1704-15-881-028	Kamtan Veena	B. PHARMACY
25	1704-15-881-029	Kanduri Vishista	B. PHARMACY
26	1704-15-881-031	Kodam Sushma	B. PHARMACY
27	1704-15-881-032	Kummari Poornima	B. PHARMACY
28	1704-15-881-033	Kuppa Poojitha	B. PHARMACY
29	1704-15-881-034	Lakkabathini Gouthami	B. PHARMACY
30	1704-15-881-035	Lakshmi Aishwarya Sonti	B. PHARMACY
31	1704-15-881-036	Lingampally Vidya	B. PHARMACY
32	1704-15-881-037	Madamshetti Sneha	B. PHARMACY
33	1704-15-881-038	Madras L Usha Rani	B. PHARMACY
34	1704-15-881-039	Malgireddy Manisha	B. PHARMACY
35	1704-15-881-040	Mehnaz Sultana	B. PHARMACY
36	1704-15-881-041	Md. Farheen Begum	B. PHARMACY
37	1704-15-881-042	Mudavath Supriya	B. PHARMACY
38	1704-15-881-043	Munde Shwetha	B. PHARMACY
39	1704-15-881-045	Nabeela Fatima	B. PHARMACY
40	1704-15-881-046	Namani Ramadevi	B. PHARMACY

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41	1704-15-881-047	Nayaki Monika	B. PHARMACY
42	1704-15-881-048	Nemili Ruth Neha	B. PHARMACY
43	1704-15-881-049	Nida Unnisa	B. PHARMACY
44	1704-15-881-050	Palla Manasa	B. PHARMACY
45	1704-15-881-051	Pandavula Shika	B. PHARMACY
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62	1704-15-881-069	Soni	B. PHARMACY
63	1704-15-881-070	Sreerama Yamini Jagdeesh	B. PHARMACY
64	1704-15-881-071	Sriramoju Durga Bhavani	B. PHARMACY
65	1704-15-881-072	Vibhuti Yamuna	B. PHARMACY
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67	1704-15-881-302	Jiguru Rajeswari	B. PHARMACY
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74	1704-17-884-002	Kotha Anusha	M.PHARMACY
75	1704-17-884-003	Mohammad Ashma	M.PHARMACY
76	1704-17-884-004	Neevudu Pravalika	M.PHARMACY
77	1704-17-884-006	Thotla Pranavi	M.PHARMACY
78	1704-16-882-001	Amara Divya	Pharm. D
79	1704-16-882-002	Are Varshine	Pharm. D
80	1704-16-882-003	Ayesha Tayyiba	Pharm. D
81	1704-16-882-004	B. Pranathi	Pharm. D
82	1704-16-882-005	Bodapunti Anjali Bhavanika	Pharm. D

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84	1704-16-882-008	Chunchu Ashritha	Pharm. D
85	1704-16-882-009	D. Rathna Kumari	Pharm. D
86	1704-16-882-010	Deverakonda Sunidhi	Pharm. D
87	1704-16-882-011	Garvandha Ramya Rani	Pharm. D
88	1704-16-882-012	Hadiya Iram	Pharm. D
89	1704-16-882-013	Jangam Gowthami	Pharm. D
90	1704-16-882-015	Keshetti Manaswini	Pharm. D
91	1704-16-882-016	Minda Anusha	Pharm. D
92	1704-16-882-017	Mutte Poojitha	Pharm. D
93	1704-16-882-018	Pininti Saahithi Reddy	Pharm. D
94	1704-16-882-019	Rushda Ahmed	Pharm. D
95	1704-16-882-020	Saadiya Afzal	Pharm. D
96	1704-16-882-021	Safura Sami	Pharm. D
97	1704-16-882-022	Shaik Nishath Anjum	Pharm. D
98	1704-16-882-023	Surigala Umadevi	Pharm. D
99	1704-16-882-024	Arshiya	Pharm. D
100	1704-16-882-025	Sowmya Thavidaboina	Pharm. D
101	1704-16-882-026	Ummul Khair	Pharm. D
102	1704-16-882-027	Umraoan	Pharm. D
103	1704-16-882-028	Uppala Tejaswi	Pharm. D
104	1704-16-882-029	V. Bhagya Lakshmi	Pharm. D

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Date: 12/03/2019

CIRCULAR

This is to inform all the Bpharm IV year and Pharm D Ilyear students that we have an Interactive session on “**COMMUNICATION AND RESEARCH PRESENTATION SKILLS**” on 13th March 2019, 2:00 pm **Mrs. Archana**, Business Development Manager Leads International, Hyderabad in our college Auditorium. Therefore, it is imperative for all students to take advantage of this opportunity and acquire the knowledge provided during the session.

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Date: 14/03/2019

Interactive Session Report: "Communication and Research Presentation Skills"

Date: March 13, 2019

Time: 2:00 PM

Venue: SNVP Pharmacy College Auditorium

Presenter: **Mrs. Archana**, Business Development Manager Leads International, Hyderabad

Summary

The interactive session on "Communication and Research Presentation Skills" was conducted by **Mrs. Archana**. The event aimed to equip students and faculty with essential skills for effective communication and research presentation, which are fundamental in the field of pharmacy and allied sciences.

Session Highlights:

Welcome and Introduction (2:00 PM - 2:15 PM):

Smt. Jyothi commenced the session by welcoming the guest of speaker and participants, including students and faculty. She emphasized the importance of communication and research presentation skills in the pharmacy profession.

Effective Communication (2:15 PM - 3:00 PM):

Dr. Rao provided insights into the significance of effective communication in pharmacy. He discussed the key elements of communication, including verbal and non-verbal communication, active listening, and clarity in expressing ideas.

Interactive Activities (3:00 PM - 3:30 PM):

Participants engaged in interactive activities such as role-playing exercises and group discussions to practice effective communication skills. These activities encouraged active participation and improved understanding.

Research Presentation Skills (3:30 PM - 4:15 PM):

Mrs. Archana delved into the art of delivering compelling research presentations. She highlighted the structure of a good presentation, including clear objectives, data interpretation, and audience engagement.

Hands-on Practice (4:15 PM - 4:45 PM): Participants were divided into groups and given the opportunity to prepare and present brief research presentations. This hands-on practice allowed students to apply the principles discussed.

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Q&A and Feedback (4:45 PM - 5:00 PM):

The session concluded with a Q&A session, during which participants could seek clarification and share their insights. Dr. Rao provided feedback on the presentations and answered questions related to communication and research presentation skills.

We extend our gratitude to Mrs. Archana his expertise and insights with us during this informative session. Such sessions are invaluable in preparing our students to excel in their academic and professional endeavours.

VOTE OF THANKS

Vote of thanks was proposed by Mrs. Sameera, faculty department of pharmaceuticals. She mentioned her take home points from the program.

The session was concluded by singing the National Anthem.

List of the students attended

S. No	Hall Ticket No.	Name of the Student	Program
1	1704-15-881-001	Shiak Raheen	B. PHARMACY
2	1704-15-881-002	Aknapuram Shivani	B. PHARMACY
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4	1704-15-881-005	Alifia Shireen	B. PHARMACY
5	1704-15-881-006	Anandesh Harika	B. PHARMACY
6	1704-15-881-007	Anumalla Harika	B. PHARMACY
7	1704-15-881-008	Athota Pooja Latha	B. PHARMACY
8	1704-15-881-009	Ballem Bhargavi	B. PHARMACY
9	1704-15-881-010	Bushra Fatima	B. PHARMACY
10	1704-15-881-011	Chapidi Mounika	B. PHARMACY
11	1704-15-881-012	Chigulla Pavani	B. PHARMACY
12	1704-15-881-013	Chilukuri Gangajala	B. PHARMACY
13	1704-15-881-015	Danyasi Swarnalatha	B. PHARMACY
14	1704-15-881-016	Devershetty Shravani	B. PHARMACY
15	1704-15-881-017	G. Latha Shree	B. PHARMACY
16	1704-15-881-018	G. Simran	B. PHARMACY
17	1704-15-881-019	Gande Sreeja	B. PHARMACY
18	1704-15-881-020	Gandra Swechacha	B. PHARMACY
19	1704-15-881-021	Gilleypalli Anajali	B. PHARMACY
20	1704-15-881-022	Hajira Fathima	B. PHARMACY
21	1704-15-881-023	Husna Abu Zafar	B. PHARMACY
22	1704-15-881-025	Kadarla Vinayasree	B. PHARMACY
23	1704-15-881-026	Kaditham Mahitha	B. PHARMACY
24	1704-15-881-028	Kamtan Veena	B. PHARMACY

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25	1704-15-881-029	Kanduri Vishista	B. PHARMACY
26	1704-15-881-031	Kodam Sushma	B. PHARMACY
27	1704-15-881-032	Kummari Pournima	B. PHARMACY
28	1704-15-881-033	Kuppa Poojitha	B. PHARMACY
29	1704-15-881-034	Lakkabathini Gouthami	B. PHARMACY
30	1704-15-881-035	Lakshmi Aishwarya Sonti	B. PHARMACY
31	1704-15-881-036	Lingampally Vidya	B. PHARMACY
32	1704-15-881-037	Madamshetti Sneha	B. PHARMACY
33	1704-15-881-038	Madras L Usha Rani	B. PHARMACY
34	1704-15-881-039	Malgireddy Manisha	B. PHARMACY
35	1704-15-881-040	Mehnaz Sultana	B. PHARMACY
36	1704-15-881-041	Md. Farheen Begum	B. PHARMACY
37	1704-15-881-042	Mudavath Supriya	B. PHARMACY
38	1704-15-881-043	Munde Shwetha	B. PHARMACY
39	1704-15-881-045	Nabeela Fatima	B. PHARMACY
40	1704-15-881-046	Namani Ramadevi	B. PHARMACY
41	1704-15-881-047	Nayaki Monika	B. PHARMACY
42	1704-15-881-048	Nemili Ruth Neha	B. PHARMACY
43	1704-15-881-049	Nida Unnisa	B. PHARMACY
44	1704-15-881-050	Palla Manasa	B. PHARMACY
45	1704-15-881-051	Pandavula Shika	B. PHARMACY
46	1704-15-881-052	Parasa Hunnah Varshika	B. PHARMACY
47	1704-15-881-053	Patil Jyothi Reddy	B. PHARMACY
48	1704-15-881-055	Pinna Sai Divija	B. PHARMACY
49	1704-15-881-056	Pittala Vanitha	B. PHARMACY
50	1704-15-881-057	Pottabathini Malathi	B. PHARMACY
51	1704-15-881-058	Pulle Geetha Sahithi	B. PHARMACY
52	1704-15-881-059	Rachamarla Lakshmi Prasanna	B. PHARMACY
53	1704-15-881-060	Ranapaga Prasanna Lakshmi	B. PHARMACY
54	1704-15-881-061	Rathlavath Anjali	B. PHARMACY
55	1704-15-881-062	Raulapally Sirisha	B. PHARMACY
56	1704-15-881-063	Rubina	B. PHARMACY
57	1704-15-881-064	Salma Begum	B. PHARMACY
58	1704-15-881-065	Sara Kauser	B. PHARMACY
59	1704-15-881-066	Sevelli Keerthana	B. PHARMACY
60	1704-15-881-067	Shabana Sultana	B. PHARMACY
61	1704-15-881-068	Somagani Indumathi	B. PHARMACY
62	1704-15-881-069	Soni	B. PHARMACY
63	1704-15-881-070	Sreerama Yamini Jagdeesh	B. PHARMACY
64	1704-15-881-071	Sriramoju Durga Bhavani	B. PHARMACY
65	1704-15-881-072	Vibhuti Yamuna	B. PHARMACY
66	1704-15-881-073	Vislavath Haritha	B. PHARMACY

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67	1704-15-881-302	Jiguru Rajeswari	B. PHARMACY
68	1704-15-881-303	Meenu Sumaswi	B. PHARMACY
69	1704-15-881-304	Pulipati Swathi	B. PHARMACY
70	1704-15-881-305	P. Ravali	B. PHARMACY
71	1704-18-884-001	Rameshwaram Shravani	M.PHARMACY
72	1704-18-884-002	Ummathul Hajeera	M.PHARMACY
73	1704-17-884-001	Granki Sai Lakshmi	M.PHARMACY
74	1704-17-884-002	Kotha Anusha	M.PHARMACY
75	1704-17-884-003	Mohammad Ashma	M.PHARMACY
76	1704-17-884-004	Neevudu Pravalika	M.PHARMACY
77	1704-17-884-006	Thotla Pranavi	M.PHARMACY
78	1704-16-882-001	Amara Divya	Pharm. D
79	1704-16-882-002	Are Varshine	Pharm. D
80	1704-16-882-003	Ayesha Tayyiba	Pharm. D
81	1704-16-882-004	B. Pranathi	Pharm. D
82	1704-16-882-005	Bodapunti Anjali Bhavanika	Pharm. D
83	1704-16-882-006	Chennupati Pushpasri	Pharm. D
84	1704-16-882-008	Chunchu Ashritha	Pharm. D
85	1704-16-882-009	D. Rathna Kumari	Pharm. D
86	1704-16-882-010	Deverakonda Sunidhi	Pharm. D
87	1704-16-882-011	Garvandha Ramya Rani	Pharm. D
88	1704-16-882-012	Hadiya Iram	Pharm. D
89	1704-16-882-013	Jangam Gowthami	Pharm. D
90	1704-16-882-015	Keshetti Manaswini	Pharm. D
91	1704-16-882-016	Minda Anusha	Pharm. D
92	1704-16-882-017	Mutte Poojitha	Pharm. D
93	1704-16-882-018	Pininti Saahithi Reddy	Pharm. D
94	1704-16-882-019	Rushda Ahmed	Pharm. D
95	1704-16-882-020	Saadiya Afzal	Pharm. D
96	1704-16-882-021	Safura Sami	Pharm. D
97	1704-16-882-022	Shaik Nishath Anjum	Pharm. D
98	1704-16-882-023	Surigala Umadevi	Pharm. D
99	1704-16-882-024	Arshiya	Pharm. D
100	1704-16-882-025	Sowmya Thavidaboina	Pharm. D
101	1704-16-882-026	Ummul Khair	Pharm. D
102	1704-16-882-027	Umraojan	Pharm. D
103	1704-16-882-028	Uppala Tejaswi	Pharm. D
104	1704-16-882-029	V. Bhagya Lakshmi	Pharm. D

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LIFE SKILLS

2018-19



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Date: 22/10/2018

CIRCULAR

We are excited to announce that "Kanti Velugu" Free Eye Check-Up Camp taking place from February 23rd October 2018. This event, hosted in collaboration with the G.H.M.C., Ward-143, Tarnaka, is dedicated to your eye health. Therefore, we kindly request all students to utilise the opportunity.

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Vijayapuri Colony, S.Lalaguda, Tarnaka
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REPORT ON “KANTI VELUGU”, FREE EYE CHECK UP

Date: 23rd October 2018.

Venue: G.H.M.C., Ward-143, Tarnaka.

To work towards “Avoidable Blindness Free Telangana”, the Government has decided to take up universal eye screening by covering the entire population of the state under the name “Kanti Velugu”. The programme launched on August 15th, 2018. The objectives of “Kanti Velugu” are:

1. To conduct eye screening & vision test for all citizens of the state.
2. Provide spectacles free of cost.
3. Arrange for surgeries and other treatments free of cost.
4. Provide medicines for common eye ailments.
5. Educate people on prevention of serious disabling eye diseases.

The eye screening program was conducted across various locations in Telangana, including rural and remote areas. It began with a thorough examination of the eyes, which involved assessing visual acuity, checking for refractive errors, and identifying any underlying medical conditions or diseases.

In this view, our faculty & around 300 students of Sarojini Naidu Vanita Pharmacy has undergone a free eye check up held near our college on 13th to 20th February 2023. Those who required further treatment were referred to specialized eye clinics or hospitals for further necessary medical attention. In addition, the program also provided free spectacles to those who required them, and follow-up appointments were scheduled to monitor progress. This program has demonstrated the government's commitment to ensuring that all individuals have access to essential healthcare services.



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3	1704-18-881-003	Adepu Pallavi	B. PHARMACY
4	1704-18-881-004	Afirin Farahana	B. PHARMACY
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11	1704-18-881-011	Bagili Neha Patil	B. PHARMACY
12	1704-18-881-012	Balasani Pranitha	B. PHARMACY
13	1704-18-881-013	Bellekara Ambika	B. PHARMACY
14	1704-18-881-014	Bhanavath Laxmi Kalavathi	B. PHARMACY
15	1704-18-881-015	Chamakuri Divya	B. PHARMACY
16	1704-18-881-016	Chintala Bhanupriya	B. PHARMACY
17	1704-18-881-017	Dandi Sai Sri R	B. PHARMACY
18	1704-18-881-018	Devaraju Lakshmi Koumudi	B. PHARMACY
19	1704-18-881-019	Donthula Sumana	B. PHARMACY
20	1704-18-881-020	Doppa Meenakshi	B. PHARMACY
21	1704-18-881-021	Dunna Deepthi	B. PHARMACY
22	1704-18-881-022	Edulakanti Aarthi	B. PHARMACY
23	1704-18-881-023	Farhana S	B. PHARMACY
24	1704-18-881-024	Fiza Farzeen	B. PHARMACY
25	1704-18-881-025	G.Nagalakshmi	B. PHARMACY
26	1704-18-881-026	Gade Keerthi Nandan	B. PHARMACY
27	1704-18-881-027	Gajam Anusha	B. PHARMACY
28	1704-18-881-028	Ganga Hanmitha	B. PHARMACY
29	1704-18-881-029	Gonella Sri Tejaswini	B. PHARMACY
30	1704-18-881-030	Gurram Sowjanya	B. PHARMACY
31	1704-18-881-031	Gurrapu Raveena	B. PHARMACY
32	1704-18-881-032	Jogu Sumedha	B. PHARMACY
33	1704-18-881-033	K.Bindu	B. PHARMACY
34	1704-18-881-034	Kakarla Mounika	B. PHARMACY
35	1704-18-881-035	Kamatam Shivani	B. PHARMACY
36	1704-18-881-036	Karamtoth Swapnanjali	B. PHARMACY
37	1704-18-881-037	Kavampalli Madhavi	B. PHARMACY
38	1704-18-881-038	Kokku Lavanya	B. PHARMACY
39	1704-18-881-039	Kolloju Bhanu lekha	B. PHARMACY
40	1704-18-881-040	Kothapally Srija	B. PHARMACY

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41	1704-18-881-041	Kothuri Jyothi	B. PHARMACY
42	1704-18-881-042	Kulthe Geetha	B. PHARMACY
43	1704-18-881-043	Lingam Harini	B. PHARMACY
44	1704-18-881-044	Lokeshwari	B. PHARMACY
45	1704-18-881-045	Madappa Vaishnavi	B. PHARMACY
46	1704-18-881-046	Maddela Mounika	B. PHARMACY
47	1704-18-881-047	Maheen Banu	B. PHARMACY
48	1704-18-881-048	Mamidipelly Apurva	B. PHARMACY
49	1704-18-881-049	Mandati Nithisha	B. PHARMACY
50	1704-18-881-050	Marri Ruthika Ratnaveni	B. PHARMACY
51	1704-18-881-051	Medi Sai Priya	B. PHARMACY
52	1704-18-881-052	Mudapelly Navya	B. PHARMACY
53	1704-18-881-053	Mukkamula Aishwarya	B. PHARMACY
54	1704-18-881-054	Nabeela Sadaf	B. PHARMACY
55	1704-18-881-055	Nagidi Yamini Reddy	B. PHARMACY
56	1704-18-881-056	Nakka Manasa	B. PHARMACY
57	1704-18-881-057	Nalamati Asha Jyoti	B. PHARMACY
58	1704-18-881-058	Nimmala Divyasri	B. PHARMACY
59	1704-18-881-059	P.Apoorva	B. PHARMACY
60	1704-18-881-060	P.Jahnavi Pragna Sree	B. PHARMACY
61	1704-18-881-061	P.Rachana	B. PHARMACY
62	1704-18-881-062	Pabbathi Yashaswini	B. PHARMACY
63	1704-18-881-063	Pilli Ashwini	B. PHARMACY
64	1704-18-881-064	Prayrita Narayanam	B. PHARMACY
65	1704-18-881-065	Pujari Geethika	B. PHARMACY
66	1704-18-881-066	Pullemla Madhuri	B. PHARMACY
67	1704-18-881-067	Purama Revathi	B. PHARMACY
68	1704-18-881-068	Reshma Saraff	B. PHARMACY
69	1704-18-881-069	Sabhavath Sangeetha	B. PHARMACY
70	1704-18-881-070	Shaik Nafiroona	B. PHARMACY
71	1704-18-881-071	Shaista Zaheer	B. PHARMACY
72	1704-18-881-072	Sheema Haneef	B. PHARMACY
73	1704-18-881-073	Silveri Rasagna	B. PHARMACY
74	1704-18-881-074	Suddala Arathi	B. PHARMACY
75	1704-18-881-075	Sumana Nakshatram	B. PHARMACY
76	1704-18-881-076	Sunkara Vennela	B. PHARMACY
77	1704-18-881-077	Syeda Fatima Batool	Pharm. D
78	1704-18-881-078	Tapakula Navyasri	Pharm. D
79	1704-18-881-079	Thavidisetty Anusha	Pharm. D
80	1704-18-881-080	Thorrem Anjali	Pharm. D
81	1704-18-881-081	Umema Shifa	Pharm. D
82	1704-18-881-082	Vadlapudi Harshitha	Pharm. D

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83	1704-18-881-083	Vanjarapu Anusha	Pharm. D
84	1704-18-881-084	Velugoti Harshini	Pharm. D
85	1704-18-881-085	Vittalolla Roshini	Pharm. D
86	1704-18-881-086	Vurukonda Swathi	Pharm. D
87	1704-18-881-087	Yadla Sindhu	Pharm. D
88	1704-18-881-088	Yellamla Laxmi Sai Prasanna	Pharm. D
89	1704-18-881-089	Yenuga Suma Reddy	Pharm. D
90	1704-18-882-001	Rishika	Pharm. D
91	1704-18-882-002	Sultana	Pharm. D
92	1704-18-882-003	Megharshini	Pharm. D
93	1704-18-882-004	Saharsha Reddy	Pharm. D
94	1704-18-882-005	Shivani	Pharm. D
95	1704-18-882-006	Biju Philips	Pharm. D
96	1704-18-882-007	Gupta	Pharm. D
97	1704-18-882-008	Spandana	Pharm. D
98	1704-18-882-009	Jahan	Pharm. D
99	1704-18-882-010	Chidhvi	Pharm. D
100	1704-18-882-011	Tejasvi	Pharm. D
101	1704-18-882-012	Shailaja	Pharm. D
102	1704-18-882-013	Sowmya sri	Pharm. D
103	1704-18-882-014	Deepika	Pharm. D
104	1704-18-882-015	Divya	Pharm. D
105	1704-18-882-016	Siddiqua	Pharm. D
106	1704-18-882-017	Fatima	Pharm. D
107	1704-18-882-018	Sanjana	Pharm. D
108	1704-18-882-019	Keerthi	Pharm. D
109	1704-18-882-020	Fatima	Pharm. D
110	1704-18-882-021	Nainalika	Pharm. D
111	1704-18-882-022	Addala	Pharm. D
112	1704-18-882-023	Eliza	Pharm. D
113	1704-18-882-024	Mahathi	Pharm. D
114	1704-18-882-025	Fatima Bilgrami	Pharm. D
115	1704-18-882-026	Bhargavi	Pharm. D
116	1704-18-882-027	Manusha	Pharm. D

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Date: 06/01/2019

CIRCULAR

We would like to announce to all Bpharm and Pharm D students that we have a significant event titled "Ashtanga Yoga and Meditation" featuring Smt. Tara Kulkarni, M.A (Sanskrit), a Yoga Instructor. This event is scheduled for January 7, 2019, at 3:00 pm. Therefore, we kindly request all students to ensure their attendance at this Yoga session.

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Report on Ashtanga Yoga and Meditation

A grand event on Ashtanga Yoga and Meditation was organized on 7-01-2019 at Sarojini Naidu Vanita Pharmacy Maha Vidyalaya to bring peace, harmony, happiness and success to every soul in the world. Number of participants who attended the program was 200.

The program started at 3.05 pm in auditorium with a brief introduction about yoga by Srinidhi and Apoorva of B. Pharm 4th year, inviting the dignitaries on to the dais followed by a prayer song by Mamatha and Saipriya of B. Pharm 4th year. After lighting of the lamp by the dignitaries, Dr. T. Mamatha gave a brief introduction of the guest speaker Smt. Tara Kulkarni, M.A (Sanskrit), Yoga Instructor. The speaker started the session by reciting Bhagavad Gita slokas and with salutations to Patanjali Yogi. The speaker conveyed the importance of Yoga by reciting a sloka in Bhagavat Gita in which Arjuna said about yoga that, yoga means calming the mind and explained about peace of mind.

Mam has described about 4 padas in Patanjali Yoga.

1. Samadha Pada
2. Sadhana pada
3. Vibhuti Pada
4. Kaivalya pada.

Mam also explained about the importance of Concentration, controlling emotions and 8 different parts of Yoga system. Mam mentioned that there are 84 asanas and the importance of Pranayama in day-to-day life. Madam gave the instructions to all the students and staff to do meditation for a period of 20 minutes. Felicitation of the guest speaker was done by the dignitaries on the dais. Finally, the program was concluded by proposing vote of thanks by student varsha.



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11	1704-18-881-011	Bagili Neha Patil	B. PHARMACY
12	1704-18-881-012	Balasani Pranitha	B. PHARMACY
13	1704-18-881-013	Bellekara Ambika	B. PHARMACY
14	1704-18-881-014	Bhanavath Laxmi Kalavathi	B. PHARMACY
15	1704-18-881-015	Chamakuri Divya	B. PHARMACY
16	1704-18-881-016	Chintala Bhanupriya	B. PHARMACY
17	1704-18-881-017	Dandi Sai Sri R	B. PHARMACY
18	1704-18-881-018	Devaraju Lakshmi Koumudi	B. PHARMACY
19	1704-18-881-019	Donthula Sumana	B. PHARMACY
20	1704-18-881-020	Doppa Meenakshi	B. PHARMACY
21	1704-18-881-021	Dunna Deepthi	B. PHARMACY
22	1704-18-881-022	Edulakanti Aarthi	B. PHARMACY
23	1704-18-881-023	Farhana S	B. PHARMACY

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24	1704-18-881-024	Fiza Farzeen	B. PHARMACY
25	1704-18-881-025	G.Nagalakshmi	B. PHARMACY
26	1704-18-881-026	Gade Keerthi Nandan	B. PHARMACY
27	1704-18-881-027	Gajam Anusha	B. PHARMACY
28	1704-18-881-028	Ganga Hanmitha	B. PHARMACY
29	1704-18-881-029	Gonella Sri Tejaswini	B. PHARMACY
30	1704-18-881-030	Gurram Sowjanya	B. PHARMACY
31	1704-18-881-031	Gurrapu Raveena	B. PHARMACY
32	1704-18-881-032	Jogu Sumedha	B. PHARMACY
33	1704-18-881-033	K.Bindu	B. PHARMACY
34	1704-18-881-034	Kakarla Mounika	B. PHARMACY
35	1704-18-881-035	Kamatam Shivani	B. PHARMACY
36	1704-18-881-036	Karamtoth Swapnanjali	B. PHARMACY
37	1704-18-881-037	Kavampalli Madhavi	B. PHARMACY
38	1704-18-881-038	Kokku Lavanya	B. PHARMACY
39	1704-18-881-039	Kolloju Bhanu lekha	B. PHARMACY
40	1704-18-881-040	Kothapally Srija	B. PHARMACY
41	1704-18-881-041	Kothuri Jyothi	B. PHARMACY
42	1704-18-881-042	Kulthe Geetha	B. PHARMACY
43	1704-18-881-043	Lingam Harini	B. PHARMACY
44	1704-18-881-044	Lokeshwari	B. PHARMACY
45	1704-18-881-045	Madappa Vaishnavi	B. PHARMACY
46	1704-18-881-046	Maddela Mounika	B. PHARMACY
47	1704-18-881-047	Maheen Banu	B. PHARMACY
48	1704-18-881-048	Mamidipelly Apurva	B. PHARMACY
49	1704-18-881-049	Mandati Nithisha	B. PHARMACY
50	1704-18-881-050	Marri Ruthika Ratnaveni	B. PHARMACY
51	1704-18-881-051	Medi Sai Priya	B. PHARMACY
52	1704-18-881-052	Mudapelly Navya	B. PHARMACY
53	1704-18-881-053	Mukkamula Aishwarya	B. PHARMACY
54	1704-18-881-054	Nabeela Sadaf	B. PHARMACY
55	1704-18-881-055	Nagidi Yamini Reddy	B. PHARMACY
56	1704-18-881-056	Nakka Manasa	B. PHARMACY
57	1704-18-881-057	Nalamati Asha Jyoti	B. PHARMACY
58	1704-18-881-058	Nimmala Divyasri	B. PHARMACY
59	1704-18-881-059	P.Apoorva	B. PHARMACY
60	1704-18-881-060	P.Jahnavi Pragna Sree	B. PHARMACY
61	1704-18-881-061	P.Rachana	B. PHARMACY
62	1704-18-881-062	Pabbathi Yashaswini	B. PHARMACY
63	1704-18-881-063	Pilli Ashwini	B. PHARMACY
64	1704-18-881-064	Prayrita Narayanam	B. PHARMACY
65	1704-18-881-065	Pujari Geethika	B. PHARMACY

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66	1704-18-881-066	Pullemla Madhuri	B. PHARMACY
67	1704-18-881-067	Purama Revathi	B. PHARMACY
68	1704-18-881-068	Reshma Saraff	B. PHARMACY
69	1704-18-881-069	Sabhavath Sangeetha	B. PHARMACY
70	1704-18-881-070	Shaik Nafiroona	B. PHARMACY
71	1704-18-881-071	Shaista Zaheer	B. PHARMACY
72	1704-18-881-072	Sheema Haneef	B. PHARMACY
73	1704-18-881-073	Silveri Rasagna	B. PHARMACY
74	1704-18-881-074	Suddala Arathi	B. PHARMACY
75	1704-18-881-075	Sumana Nakshatram	B. PHARMACY
76	1704-18-881-076	Sunkara Vennela	B. PHARMACY
77	1704-18-881-077	Syeda Fatima Batool	B. PHARMACY
78	1704-18-881-078	Tapakula Navyasri	B. PHARMACY
79	1704-18-881-079	Thavidisetty Anusha	B. PHARMACY
80	1704-18-881-080	Thorrem Anjali	B. PHARMACY
81	1704-18-881-081	Umema Shifa	B. PHARMACY
82	1704-18-881-082	Vadlapudi Harshitha	B. PHARMACY
83	1704-18-881-083	Vanjarapu Anusha	B. PHARMACY
84	1704-18-881-084	Velugoti Harshini	B. PHARMACY
85	1704-18-881-085	Vittalolla Roshini	B. PHARMACY
86	1704-18-881-086	Vurukonda Swathi	B. PHARMACY
87	1704-18-881-087	Yadla Sindhu	B. PHARMACY
88	1704-18-881-088	Yellamla Laxmi Sai Prasanna	B. PHARMACY
89	1704-18-881-089	Yenuga Suma Reddy	B. PHARMACY
90	1704-18-882-001	Rishika	Pharm. D
91	1704-18-882-002	Sultana	Pharm. D
92	1704-18-882-003	Megharshini	Pharm. D
93	1704-18-882-004	Saharsha Reddy	Pharm. D
94	1704-18-882-005	Shivani	Pharm. D
95	1704-18-882-006	Biju Philips	Pharm. D
96	1704-18-882-007	Gupta	Pharm. D
97	1704-18-882-008	Spandana	Pharm. D
98	1704-18-882-009	Jahan	Pharm. D
99	1704-18-882-010	Chidhvi	Pharm. D
100	1704-18-882-011	Tejasvi	Pharm. D
101	1704-18-882-012	Shailaja	Pharm. D
102	1704-18-882-013	Sowmya sri	Pharm. D
103	1704-18-882-014	Deepika	Pharm. D
104	1704-18-882-015	Divya	Pharm. D
105	1704-18-882-016	Siddiqua	Pharm. D
106	1704-18-882-017	Fatima	Pharm. D
107	1704-18-882-018	Sanjana	Pharm. D

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108	1704-18-882-019	Keerthi	Pharm. D
109	1704-18-882-020	Fatima	Pharm. D
110	1704-18-882-021	Nainalika	Pharm. D
111	1704-18-882-022	Addala	Pharm. D
112	1704-18-882-023	Eliza	Pharm. D
113	1704-18-882-024	Mahathi	Pharm. D
114	1704-18-882-025	Fatima Bilgrami	Pharm. D
115	1704-18-882-026	Bhargavi	Pharm. D
116	1704-18-882-027	Manusha	Pharm. D

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