

## **REPORT ON NATIONAL SPORTS DAY**

Topic of event: **NATIONAL SPORTS DAY**

Date & Time of Event: September 2nd, 2023, 3:00pm-5:00pm

Hosted by- Sarojini Naidu Vanita Pharmacy Mahavidyalaya, Tarnaka,  
Hyderabad

Venue: SNVPMV

On 2<sup>nd</sup> September, Sarojini Naidu Vanita Pharmacy Mahavidyalaya College for Women (Sponsored by Educational Society) organized NATIONAL SPORTS DAY for faculty and students.

The goal of this program is to increase the Participants spirit, burst stress and make them physically active.

The programme was started by addressing both Faculty and Students by of B Pharm students.

They introduced themselves, addressed the gathering, started the programme with wishes and mentioned about the necessity of SPORTS in the current scenario. Then the Program continued with both Indoor and Outdoor Sports like Chess , Carroms, Tennis, Shuttle Cricket And Tug of War. More than 100 Students have participated. Even the Faculty also Participated with much energy and enthusiasm.

Playing sport helps to control their emotions and Channel Negative feelings in a positive way. It also helps to develop Patience and Understand that it can take a lot of Practice to improve both their physical skills and what they do....

Session was closed at 5:00 pm with National Anthem.







