## A REPORT ON FREE HEALTH CHECK CAMP

**Date:** 04/10/2024.

Venue: Sarojini Naidu Vanita Pharmacy Maha Vidyalaya (Seminar Hall).

**Timings:** 10:30 AM To 4:30 PM.

A free health check camp was successfully organized at Sarojini Naidu Vanita Pharmacy Maha Vidyalaya. This initiative was a collaborative effort between Vijaya Diagnostic Centre, Vasan Eye Care Hospital, and Clove Dental, aimed at providing essential health services to both teaching and non-teaching staff.

**Participating Organizations:** Vijaya Diagnostic Centre conducted general health screenings, Vasan Eye Care Hospital provided comprehensive eye examinations and Clove Dental offered dental check-ups and oral health consultations.

## **Health Check Parameters:**

- 1. General Health Assessment by Vijaya Diagnostic Centre.
  - Blood Pressure Measurement
  - Blood Sugar Levels
  - Body Mass Index (BMI) Calculation
- 2. Eye Care Services by Vasan Eye Care Hospital:
  - Vision Tests (including visual acuity assessments)
  - Comprehensive Eye Examinations
  - Consultation for Common Eye Health Issues
- 3. Dental Health Services:
  - Oral Health Assessments
  - Screening for Common Dental Issues
  - Guidance on Oral Hygiene Practices

The camp witnessed active participation from the institution teaching and non-teaching staff, Principal, Vice Principal, and Director were present, encouraging staff to prioritize their health. The interactive nature of the camp facilitated a supportive environment where participants could ask questions and receive advice on maintaining good health. Over 80 teaching and non-teaching staff benefited from the health services provided such as

- Eye check-up 66
- Dental check-up 21
- BMI, RBS, B.P 71
- Bone Mineral Density 41

Health awareness was significantly increased among staff, emphasizing the importance of regular health check-ups. Follow-up consultations were scheduled for individuals requiring further medical

attention. The free health check camp was a successful initiative that highlighted the commitment of Sarojini Naidu Vanitha Pharmacy Maha Vidyalaya to the well-being of its staff. The collaboration between Vijaya Diagnostic Centre, Vasan Eye Care Hospital, and Clove Dental ensured comprehensive health services were available, fostering a culture of health awareness within the institution. Future camps are encouraged to continue this vital work.

Special thanks to Vijaya Diagnostic Centre, Vasan Eye Care Hospital, Clove Dental, and the staff of Sarojini Naidu Vanita Pharmacy Maha Vidyalaya for their efforts in making this event a success.















