



SAROJINI NAIDU VANITA PHARMACY MAHA VIDYALAYA

(Sponsored by the Exhibition Society), Tamaka, Secunderabad
Affiliated to Osmania University, Approved by AICTE & PCI
ISO 9001: 2015 Certified Institution, NBA Accredited B. Pharmacy Course



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CIRCULAR

This is to inform you all Staff and Students, We Sarojini Naidu Vanita Pharmacy Maha Vidyalaya is organizing an event to celebrate **International Yoga Day on 21st June 2024**. The event is being conducted by the SNVPMV NSS Unit.

Your active participation will contribute to making this event a grand success. Let us embrace this opportunity to rejuvenate our minds and bodies through the practice of yoga.

Details of the event are as follows:

- **Date:** 21st June 2024 (Friday)
- **Time:** From 9:30 AM onwards
- **Venue:** SNVPMV - Lobby

Thank you.

Sincerely,

SNVPMV NSS Unit

PRINCIPAL

Sarojini Naidu Vanita Pharmacy Maha Vidyalaya
Vijayapuri Colony, S. Laleguda, Tamaka,
SECUNDERABAD-500015



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REPORT ON INTERNATIONAL YOGA DAY CELEBRATION

Date: June 21, 2024

Time: 10:00 AM - 12:00 PM

Venue: SNVPMV Lobby

Organizers: NSS Unit, Sarojini Naidu Vanita Pharmacy Maha Vidyalaya, Tamaka, Secunderbad

Chief Guest: Sri Baile Ramesh, Yoga Teacher, Bharatiya Yoga Samsthan, New Delhi

Presided By: Sri B. Hanumanth Rao, Honorary Secretary of SNVPMV

Dignitaries Present:

Sri V. Jayaraj, Former Treasurer of SNVPMV

Dr. N. Srinivas, Director

Dr. T. Mamatha, Principal

Dr. K. Sirisha, Vice Principal

Mr. D. Suresh, NSS Program Officer

Dr. Y. Surender, Physical Director

The International Yoga Day celebration at Sarojini Naidu Vanita Pharmacy Maha Vidyalaya was marked by a vibrant session on yoga, focusing particularly on its role in empowering women. The event commenced at 10:00 AM in the SNVPMV Lobby with an enthusiastic participation of around 51 students and 10 faculty members. Dr.T.Mamatha, Principal invited the guest with eco greetings and delivered the welcome note

The session was led by esteemed Yoga Teacher **Sri Baile Ramesh** from Bharatiya Yoga Samsthan, New Delhi. Sri B. Ramesh delivered an engaging and informative training session, highlighting various yoga asanas and their benefits for physical and mental well-being, specifically tailored to empower women.

The event was graced by the presence of Sri B. Hanumanth Rao, who presided over the session, emphasizing the importance of yoga in daily life and its significance in promoting gender equality and women's empowerment. Sri V. Jayaraj, Dr. N. Srinivas, Dr. T. Mamatha, Dr. K. Sirisha, Mr. D. Suresh, and



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Dr. Y. Surender also actively participated, encouraging students and faculty alike to incorporate yoga into their daily routines for holistic health benefits

The session concluded at 12:00 PM with a collective yoga practice session, symbolizing unity and harmony among all participants. The event successfully achieved its objective of promoting yoga as a tool for women's empowerment and fostering a healthier lifestyle among the SNVPMV community.

The guest and governing body members gave their valuable info about **yoga for women empowerment**

The NSS Unit expresses its gratitude to all participants, guests, and organizers for their enthusiastic involvement and support in making the International Yoga Day celebration a memorable and impactful event.

Vote of thanks was delivered by Mr.D.Suresh. The NSS Unit is thankful to the Management, dignitaries, Director, Principal, Vice Principal, all the teaching, non-teaching staff and NSS Student volunteers of SNVPMV in the conduct of this event.



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Sri B.Ramesh sir delivering the training session of meditation with yoga



Students involved in practicing various Asanas



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NSS Student Volunteer's



NSS Student volunteers, Faculty, Director, Principal, Vice Principal, GB Members with the chief guest Sri.B.Ramesh



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INTERNATIONAL YOGA DAY

List of NSS student volunteers attended

Sl No	Name of the student	Course and Year	Signature
01.	-D. Malleshwari	B. pharm 3 rd year	Malleshwari
02.	-A. Kavya	B. pharm 3 rd year	Kavya
03.	B. Swathika	B. pharm 3 rd year	Swathika
04.	Sneha	Pharm D 3 rd year	Sneha
05.	Pavani	Pharm D 3 rd year	Pavani
06.	Chandana .K	Pharm D 3 rd year	Chandana .K
07.	V. Shreshtha	Pharm. D 3 rd year	Shreshtha.V
08.	G. Lakshmi	Pharm D 3 rd year	Lakshmi
09.	Saiyash Sankesh	Pharm D 3 rd yr	Saiyash
10.	Dippishree	Pharm - D 3 rd yr	Dippishree
11.	Shailaja	Pharm - D 3 rd yr	M. Shailaja
12.	Rakshitha	Pharm D 3 rd yr	Rakshitha
13.	E. Laxmi	Pharm D 3 rd yr	Laxmi
14.	oormila preethu	Pharm D 3 rd yr	oormila
15.	J. Shruvya	B. pharm 3 rd yr	Shruvya
16.	V. Keerthi	B. Pharm 3 rd yr	V. Keerthi
17.	R. Anusri	B. pharm 3 rd yr	R. Anusri
18.	B. Likhitha	B. pharm 3 rd yr	B. Likhitha
19.	T. Mithika devi	B. Pharm 3 rd yr	T. Mithika
20.	R. Dhana shree	"	Dhana shree



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21.	D. Keerthi	B. Pharm III rd yr	D. Keerthi
22.	G. Gnana prasanna	"	Prasanna
23.	V. Deekshitha Ramani	"	Deekshitha
24.	K. Sravya Sree	"	Sravya Sree
25.	N. Bhavya	"	Bhavya
26.	P. Usha Nandhini	"	Nandhini
27.	Anjali	"	Anjali
28.	V. Keerthi	"	Keerthi
29.	T. Manasa	"	T. Manasa.
30.	Shruthi	"	Shruthi
31.	Sharanya	"	Sharanya
32.	M. Vasundhara	"	M. Vasundhara
33.	S. Divya	"	Divya
34.	P. Preethipooja	"	Preethipooja
35.	Ch. Sweetya	"	Sweetya
36.	M. Neha	Pharm D III yr	Neha
37.	Bhuvana	B. Pharm 3 rd yr	Bhuvana
37.	G. Radhika	"	Radhika
38.	K. Sri Vaishnavi	B. Pharm 3 rd yr	Sri Vaishnavi
39.	K. Saadhvika	"	Saadhvika
40.	Sangeetha	"	Sangeetha
41.	Praneera Gaupathi	"	Praneera
42.	G. Pallavi	"	Pallavi

