



SAROJINI NAIDU VANITA PHARMACY MAHA VIDYALAYA

(Sponsored by the Exhibition Society), Tamaka, Secunderabad

Affiliated to Osmania University, Approved by AICTE & PCI

ISO 9001: 2015 Certified Institution, NBA Accredited B. Pharmacy Course

Youth Empowerment Session Report

Event Title:

Youth Empowerment

Date:

February 14, 2025

Location:

SNVPMV Auditorium

Organized by:

TASK and APEN



**TASK & APEN PRESENT
YOUTH EMPOWERMENT SESSION**

📅 Date: 14th February 2025

Sarojini Naidu Vanita Pharmacy Maha Vidyalaya

📍 Venue: SNVPMV Auditorium

Enhance Your Employability Skills!
Join us for an interactive session designed to equip college students with essential skills for career success.

Topics Covered:

- Group Discussion Techniques
- STAR Interview Techniques
- Understanding
- Types of Interviewers

Expert Trainers:


Virender Singh Tanwar


Srinivasulu Chiyadri


Neti Lakshmi

🌟 Don't miss this opportunity to learn from industry experts!

🎯 Empower Yourself for a Brighter Future!

Task co-ordinators: Mrs. A. Shailaja
Mrs. P. Kavitha
Mrs. P. Uma
Dr. V. Santhoshini



Objective of the Event:

The primary objective of the Youth Empowerment Session was to equip young participants with essential skills that will enhance their personal development, career readiness, and ability to succeed in interviews and group environments. The session focused on three core areas:

1. **Group Discussion Techniques**
2. **STAR Interview Technique**
3. **Understanding**
4. **Types of Interviewers**

Event Overview:

The event gathered a diverse group of youth, ranging from high school students to early-career professionals, all seeking to improve their interpersonal and professional skills. The session was designed to be interactive, with both theoretical learning and practical exercises that allowed participants to engage, practice, and receive feedback on the topics covered.

Session Breakdown:

1. **Group Discussion Techniques**
 - **Goal:** To enhance communication, leadership, and collaboration skills during group discussions.
 - **Key Topics Covered:**
 - The importance of active listening, clear communication, and respectful participation.
 - Effective body language during discussions.
 - How to initiate, contribute, and summarize discussions.
 - Handling disagreements with diplomacy and respect.
 - **Activity:** Participants were divided into small groups and given a topic to discuss. They were encouraged to practice the discussed techniques and were observed for engagement and leadership.



- **Outcome:** Participants gained hands-on experience and constructive feedback on their ability to communicate within a group setting.

2. STAR Interview Technique

- **Goal:** To prepare youth for behavioral interview questions by using the STAR method.
- **Key Topics Covered:**
 - Explanation of the STAR framework (Situation, Task, Action, Result).
 - Why STAR answers are effective in showcasing skills and experiences.
 - Practical tips for applying STAR to common interview questions.
- **Activity:** Participants were given common interview questions and asked to craft answers using the STAR method. They then shared their responses with the group for feedback.
- **Outcome:** Attendees understood how to structure their responses to showcase their achievements, problem-solving abilities, and leadership skills effectively during interviews.

3. Understanding and Types of Interviewers

- **Goal:** To prepare participants for different interview styles and expectations.
- **Key Topics Covered:**
 - Overview of common types of interviewers: behavioral, technical, HR, panel, and stress interviewers.
 - How to adapt responses and behavior based on the type of interviewer.
 - Strategies for staying calm and composed, especially in high-pressure or panel interview situations.
- **Activity:** Participants were encouraged to identify different types of interviewers they may encounter and discuss strategies for handling each type. Real-life examples were shared.
- **Outcome:** Attendees became more aware of how to approach various types of interview situations with confidence and preparedness.

Key Outcomes:



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1. Skill Development:

- Participants learned effective group discussion techniques that they can apply in academic, professional, and personal settings.
- The STAR interview method empowered youth with a proven framework to answer behavioral interview questions successfully.
- Understanding the different types of interviewers helped attendees approach interviews strategically, tailoring their behavior to meet the expectations of the interviewer.

2. Increased Confidence:

- Youth participants left the session feeling more confident about handling group discussions and interviews.
- Many participants noted they felt more prepared to face future job interviews and career challenges.

3. Practical Application:

- Through group discussions and role-playing exercises, participants gained practical experience in applying the learned techniques in real-world scenarios.
- Personalized feedback allowed for growth and improvement in both communication and interviewing skills.

Participant Feedback:

At the end of the session, participants were asked to complete a feedback survey. Key takeaways included:

- 95% of participants felt the session provided valuable, actionable skills.
- 90% reported increased confidence in their ability to perform in group discussions.
- 85% felt more prepared for upcoming job interviews, especially in behavioral settings.

Conclusion:



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The Youth Empowerment Session successfully equipped attendees with crucial communication and interview skills, empowering them to handle both group settings and interviews with confidence. The hands-on approach, coupled with the clear explanations of key concepts, allowed participants to practice and refine their abilities in a supportive environment.

Future sessions are recommended to continue providing youth with the necessary tools to navigate the professional world with poise and skill.





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