



SAROJINI NAIDU VANITA PHARMACY MAHA VIDYALAYA

(Sponsored by the Exhibition Society), Tamaka, Secunderabad

Affiliated to Osmania University, Approved by AICTE & PCI

ISO 9001: 2015 Certified Institution, NBA Accredited B. Pharmacy Course

Event Report: *Gynic Cancer - An Overview*

Date of the Event: 15th February 2025

Time: 2:00 PM Onwards

Venue: Sarojini Naidu Vanita Pharmacy Maha Vidyalaya (SNVPMV), Auditorium

Speaker: Dr. Sarita Shrivastva

Organized by: Department of Pharmacology, SNVPMV

The seminar titled "*Gynic Cancer: An Overview*" took place on 15th February 2025 at Sarojini Naidu Vanita Pharmacy Maha Vidyalaya (SNVPMV) in Hyderabad. The event aimed to shed light on the various types of gynecological cancers, their treatment options, and prevention methods. The seminar was led by Dr. Sarita Shrivastva, a Senior Consultant Medical and Hemato-Oncologist, who is highly experienced in the field of oncology.

Dr. Shrivastva, with her impressive credentials including MBBS, MD in Radiation Oncology, DM in Medical Oncology, MRCP in Medical Oncology from the UK, brought a wealth of knowledge to the audience, offering critical insights into gynecological cancer care.

The event was organized by the Department of Pharmacology, SNVPMV, under the leadership of Dr. T. Mamatha, Principal of SNVPMV. Dr. N. Srinivas, Director of SNVPMV, presided over the event, with Dr. B. Prabha Shankar, Treasurer and Chairman of the Exhibition Society, and Sri B. HanumanthRao, Secretary of the institution, providing valuable support. The seminar coordinator was Dr. T. Venu, Professor and Head of the Department of Pharmacology.

The event was anchored by Siyam Fatima and Syed Lubna Shireen, Pharm.D 5th-year students, and was attended by a total of 200 participants, including B.Pharm, Pharm.D, and M.Pharm students.

Seminar Content and Key Highlights:

The seminar began at 2:00 PM with a warm welcome note by Dr. T. Venu, who introduced the esteemed speaker, Dr. Sarita Shrivastva. Dr. Venu also briefly outlined the objectives of



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the seminar and emphasized the importance of increasing awareness about gynecological cancers among young professionals, especially in pharmacy and medical fields.

Dr. Sarita Shrivastva's lecture was divided into several key sections:

1. **Introduction to Gynecological Cancers:** Dr. Shrivastva began by discussing the prevalence and impact of gynecological cancers globally, focusing on the types most commonly seen among women, including cervical, ovarian, uterine, vaginal, and vulvar cancers. She highlighted the significance of early diagnosis and the need for preventive health measures.
2. **Risk Factors:** The speaker emphasized the risk factors associated with gynecological cancers, such as genetic predisposition, lifestyle choices (diet, smoking, and alcohol), hormonal influences, and environmental factors. Dr. Shrivastva stressed the importance of understanding these risks in order to reduce the incidence of these cancers.
3. **Early Detection and Screening:** A significant portion of the talk was dedicated to the importance of early detection. Dr. Shrivastva explained how regular screenings, such as Pap smears for cervical cancer and pelvic exams for ovarian cancer, can drastically reduce the mortality rate by identifying cancers in their early stages. The role of HPV vaccination in preventing cervical cancer was also discussed in depth.
4. **Advancements in Treatment:** Dr. Shrivastva shared insights into the latest advancements in the treatment of gynecological cancers, including surgery, chemotherapy, radiation therapy, and immunotherapy. She emphasized the evolution of targeted therapies, which are now being used more effectively to treat gynecological cancers by focusing on specific molecular targets in cancer cells.
5. **Personalized Medicine and Precision Oncology:** Another exciting development covered was personalized medicine. Dr. Shrivastva explained how genetic profiling is being integrated into treatment plans, allowing for more tailored therapies that can improve outcomes and reduce side effects.
6. **Psychosocial Impact of Cancer:** The emotional and psychological aspects of cancer diagnosis and treatment were also addressed. Dr. Shrivastva talked about the importance of psychological support, including counseling and therapy, for patients



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and their families during the treatment journey. She also highlighted the role of healthcare professionals in providing holistic care to cancer patients.

- 7. Prevention and Lifestyle Modifications:** Dr. Shrivastva concluded her talk by focusing on preventive measures, such as lifestyle changes (dietary habits, regular physical activity, avoiding smoking, and alcohol), which could help reduce the risk of gynecological cancers. She advocated for a proactive approach in cancer prevention through education and awareness.

Interactive Session:

After the lecture, the seminar transitioned into an interactive question-and-answer session. The students from various programs—B.Pharm, Pharm.D, M.Pharm and faculty members—asked insightful questions related to treatment advancements, clinical trials, and the role of pharmacists in managing cancer care. Dr. Shrivastva responded with clarity, sharing valuable insights into the multidisciplinary approach to cancer care.

Closing Remarks:

The event concluded at 4:30 PM with a vote of thanks by Dr. T. Venu, Professor & Head of the Department of Pharmacology. Dr. Venu expressed heartfelt gratitude to Dr. Sarita Shrivastva for her comprehensive and enlightening session on gynecological cancers. He also thanked the administration, faculty, and students for their active participation and contributions, making the seminar a great success.

Dr. Venu acknowledged the efforts of the organizing team, including Dr. T. Mamatha, Principal, Dr. N. Srinivas, Director, Dr. B. Prabha Shankar, Chairman, Sri B. Hanumanth Rao Secretary, and the seminar coordinators. He also appreciated the work of the student anchors Siyam Fatima and Syed Lubna Shireen, who did an excellent job in managing the event.

Finally, Dr. Venu stressed the importance of such seminars in fostering a deeper understanding of gynecological cancers, encouraging future professionals to stay informed and contribute to cancer prevention and care in their respective fields.



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Conclusion:

The seminar on *Gynic Cancer: An Overview* was a highly informative and impactful event that provided in-depth knowledge on gynecological cancers, from their prevention and early detection to the latest treatment strategies. The interactive session and the active involvement of students and faculty made the event particularly engaging. Dr. Sarita Shrivastva's expertise and the thoroughness of her presentation left a lasting impression on all attendees. The event successfully achieved its goal of raising awareness and educating the next generation of healthcare professionals about this critical health issue.



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