



SAROJINI NAIDU VANITA PHARMACY MAHA VIDYALAYA(CO-ED.)

(Sponsored by the Exhibition Society)

UGC AUTONOMOUS INSTITUTION

Affiliated to Osmania University, Approved by PCI-New Delhi

NBA Accredited B. Pharmacy Course, Accredited A+ grade by NAAC



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Date: 31/Jan/2026

CIRCULAR

This is to inform all NSS Volunteers that a free training session on Cardiopulmonary Resuscitation (CPR) is being organized to promote bystander support in saving lives during out-of-hospital sudden cardiac arrests, on the occasion of Gandhi Medical College Alumni – 26 Years of Resuscitation Training in India.

- 📅 Date: 2nd February 2026
- 🕒 Time: 3:00 PM onwards
- 🕒 Duration: 90 minutes
- 📍 Venue: Gandhi Medical College, Hyderabad

All NSS Volunteers are instructed to attend without fail and actively participate to make the event a grand success.


NSS Programme Officer

PRINCIPAL AND PROGRAMME OFFICER
NSS UNIT - I




PRINCIPAL

Sarajini Naidu Vanita Pharmacy Maha Vidyalaya (Co-Ed)
UGC Autonomous Institution
Vijayapuri Colony, Tarnaka, Secunderabad-500 017



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What would you do if somebody's Heart Stopped?

Many of us will witness a cardiac arrest in our lifetime. Be ready for that day.

Learn CPR(Cardiopulmonary Resuscitation) in 30 mins for FREE.

BE A Heart Hero

SCARY STATISTIC :

92%

of people suffering cardiac arrest die before reaching the hospital.CPR Can Triple Survival Rates.



On 1st February 2026 - 9:00AM to 5:00PM

On 2nd February 2026 - 9:00AM to 5:00PM

at GMC Alumni Education Center, Gandhi Medical College & Hospital Campus, Secunderabad - 500 003, Telangana.



SCAN FOR REGISTRATION



SCAN FOR LOCATION

Conducted By : Gandhi Medical College Alumni Association
Gandhi Medical College Global Alliance
Janahitha Seva Trust



For More Information, Please Contact :

Shiva Rudra : 81797 13704 | Janahitha Seva Trust
Pavan Kumar : 90631 82058 | Sreedhar - 9030018622



Community Hands - Only CPR (Cardiopulmonary Resuscitation)



On 1st & 2nd February 2026

An exclusive free Two -day event in Hyderabad promoting Bystander Help in "Saving Lives" during out-of-hospital sudden cardiac arrests, on the occasion of Gandhi Medical College Alumni completing 26 years of Resuscitation Training in India.

- CPR stands for Cardio-pulmonary resuscitation
- CPR is a life saving procedure to revive the person from sudden stoppage of heart (Sudden Cardiac Arrest)
- Community CPR aims to create awareness among general public about bystander help in cases of sudden collapse & will train common person about Hands only CPR i.e how to do Chest Compressions
- Hands only CPR is a simple but an effective way to revive heart beat in cases of sudden cardiac arrest.
- Hands only CPR is crucial in assisting revival till medical help arrives
- This training will introduce the Automated External Defibrillator (AED), which is a portable computerized instrument which provides a "shock" and restores normal heart rhythm
- Timely emergency help with hands-only CPR may save the life of a family member, friend or a stranger on the street



Venue :

GMC ALUMNI EDUCATION CENTER,
Gandhi Medical College & Hospital Campus,
Hyderabad, Telangana 500 003.

TIME :

On Sunday 1st February 2026 - 9:00AM to 5:00PM
On Monday 2nd February 2026 - 9:00AM to 5:00PM



Gandhi Medical College Alumni Association
Gandhi Medical College Global Alliance
Janahitha Seva Trust

Disclaimers

- This is only a brief community-awareness CPR presentation and not a full training course.
- Anybody involved with this presentation in any capacity is not responsible / liable for the actions of the program participants when they perform CPR anywhere.



SCAN FOR REGISTRATION



SCAN FOR LOCATION

For further information :
Shiva Rudra : 81797 13704
Pavan Kumar : 90631 82058
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Report on

CARDIOPULMONARY RESUSCITATION [CPR] TRAINING

The National service scheme [NSS] Unit of Sarojini Naidu Vanita Pharmacy Maha Vidyalaya (Co.Ed) went to Gandhi Medical College hyderabad . A group of 34 Pharm D students along with one faculty member, Dr. M. Srikanth, Head of the Department of Pharm D, actively participated in the Community Hands-Only CPR (Cardiopulmonary Resuscitation) training program held on 2nd February 2026 at Gandhi Medical College Alumni Education Center, Hyderabad.

The event was organized by the Gandhi Medical College Alumni Association, Gandhi Medical College Global Alliance, and Janaitha Seva Trust with the aim of promoting awareness about life-saving techniques for sudden cardiac arrest.

The program focused on educating participants about bystander intervention, Hands-Only CPR, and the importance of timely emergency response. The presence and guidance of Dr. K.Rajashekhar motivated the students to actively engage in the training and gain practical knowledge on handling cardiac emergencies effectively.

CONCLUSION:

The Community Hands-Only CPR training program was highly informative and beneficial. It successfully achieved its objective of educating participants about life-saving techniques. The session emphasized that timely CPR can significantly increase survival rates during cardiac arrest.

The program proved that even non-medical individuals can make a difference in saving lives if trained properly. Such awareness programs should be conducted regularly in educational institutions to build a safer and more prepared society.

OBJECTIVES OF THE EVENT:

The main objective of the event was to create awareness about Hands-Only CPR (Cardiopulmonary Resuscitation) among students and the general public. The program aimed to educate participants on how to respond effectively during sudden cardiac arrest situations.

Another important objective was to train individuals in performing chest compressions correctly until medical help arrives. The event also intended to promote the concept of bystander intervention and encourage people to act confidently during emergencies. Overall, the program sought to reduce mortality caused by delayed first aid during cardiac emergencies.



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IMPACT OF THE EVENT.

The event had a significant positive impact on the participants. Students gained practical knowledge about recognizing cardiac arrest and performing Hands-Only CPR. Many participants developed confidence in handling emergency situations and understood the importance of quick response in saving lives.

The live demonstration and hands-on practice helped clarify doubts and improved practical skills. The event also increased awareness about the use of Automated External Defibrillators (AEDs). As a result, students became more responsible and motivated to spread awareness about CPR in their families and communities.

ACKNOWLEDGEMENT

We sincerely express our gratitude to the Gandhi Medical College Alumni Association, Gandhi Medical College Global Alliance, and Janahitha Seva Trust for organizing this valuable training program. We are thankful to the resource persons and trainers for their clear explanations and practical demonstrations.

We also extend our heartfelt thanks to our college management and faculty for giving us the opportunity to participate in this life-saving awareness program. Finally, we thank all the volunteers and participants for their active involvement, which made the event a grand success.



NSS Volunteers at the Gandhi Medical College for the Free CPR Training



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Students were trained practically the CPR procedure



Dr. K. Ramesh Reddy – DME Demonstrated the CPR Session