



SAROJINI NAIDU VANITA PHARMACY MAHA VIDYALAYA (CO-ED.)

(Sponsored by the Exhibition Society)

UGC AUTONOMOUS INSTITUTION

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NBA Accredited B. Pharmacy Course, Accredited A+ grade by NAAC



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Ref: SNVPMV/

Date: 23/03/2026

CIRCULAR

Subject: Awareness Rally & Patient Counselling Program – World Tuberculosis Day

This is to inform all Teaching staff and Students that an Awareness Rally & Patient Counselling Program is being organized in observance of World Tuberculosis Day with the theme "Yes! We can end TB – Led by countries, powered by people."

The program will be conducted in participation with Government General & Chest Hospital, Hyderabad on 24th March 2026. The activity aims to create awareness about Tuberculosis prevention, early detection, adherence to treatment, and patient education.

Program Details:

- **Event:** Awareness Rally & Patient Counselling
- **Occasion:** World Tuberculosis Day
- **Venue:** Government General & Chest Hospital, Hyderabad
- **Date:** 24/03/2026
- **Organized By:** Department of Pharm.D. Faculty
- **Institution:** SNVPMV (CO-ED.)

All Teaching staff are requested to extend their support and encouragement. Students are encouraged to actively participate in the rally and patient counselling activities to promote community health awareness.

Your cooperation and participation will be highly appreciated.

(Dr. T. Mamatha)
PRINCIPAL

H.No. 12-5-31 & 32, Vijayapuri Colony, Tarnaka, Secunderabad - 500 017, Telangana, INDIA.

Phone : 040-27002221, Mobile : 92480 77972

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AWARENESS RALLY & PATIENT COUNSELLING
Participation@
GOVT. GENERAL & CHEST HOSPITAL, Hyd

"Yes! We can end TB!"
"Led by countries, powered by people."
World Tuberculosis Day
24/3/2026
By
Pharm.D 5th year & Pharm.D (PB) 2ND YEAR
SNVPMV



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Ref.: SNVPMVI Admin / 2026/697

Date : 18/03/2026

To
The Medical Superintendent,
Government General & Chest Hospital,
Erragadda, Hyderabad- 500038.

Subject: Request for permission to conduct World TB Day Awareness Programme

Respected madam / Sir,

I would like to inform you that, on the occasion of World TB Day (24th March 2026), our Pharm.D V Year students (approximately 30 students) are planning to conduct a tuberculosis awareness programme at your esteemed hospital.

The objective of this programme is to educate patients and the general public about tuberculosis, including its symptoms, prevention, and the importance of completing the full course of treatment. As part of this activity, the students will undertake patient counselling and create awareness regarding adherence to anti-tubercular therapy. They will also extend support, if permitted, to the screening and diagnostic services.

We kindly request you to grant permission to conduct this awareness programme within the hospital premises. The programme will be carried out under the guidance of hospital authorities and in accordance with all institutional rules and protocols.

We would be grateful for your approval. We also request you to kindly issue an appreciation certificate to the college in recognition of its involvement in this public health initiative.

Thank you for your support and cooperation.

Yours faithfully,

(Sri. B. Hanumanth Rao)
Hon. Secaretery

Sarojini Naidu Vanita Pharmacy Maha Vidyalaya (Co-Ed.)
UGC Autonomous Institution
Vijayapuri Colony, Tarnaka, Secunderabad-500 017.



Permitted to participate
18/3
SUPERINTENDENT
Govt. General & Chest Hospital
Erramnuma, Hyderabad

H.No. 12-5-31 & 32, Vijayapuri Colony, Tarnaka, Secunderabad - 500 017, Telangana, INDIA.

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REPORT ON WORLD TUBERCULOSIS DAY REPORT – 2026

Date: 24-03-2026

Time: 9:00 to 12:00pm

Venue: Government General & Chest Hospital, Erragadda, Hyderabad

Introduction

World Tuberculosis Day is observed every year on March 24 to raise awareness about tuberculosis (TB), a major infectious disease affecting millions worldwide. The theme for 2026, “*Yes! We Can End TB – Led by Countries, Powered by People,*” emphasizes the importance of combined efforts from healthcare professionals and the community to eliminate TB.

This program was conducted to spread awareness, educate patients, and provide practical clinical exposure to students.

Objectives of the Program

- To create awareness about tuberculosis among the public
- To educate patients regarding prevention and treatment
- To emphasize medication adherence and early diagnosis
- To provide practical exposure in patient counselling
- To improve clinical knowledge of students

Description of Activities

Awareness Rally

The program began with an awareness rally conducted in the surrounding areas of the hospital. Pharm.D students, faculty members, and hospital staff actively participated.

Participants carried placards and raised slogans focusing on TB awareness, early detection, and treatment completion. The rally educated the public about:

- Common symptoms such as persistent cough, fever, and weight loss
- Airborne transmission of TB
- Importance of early diagnosis and medical consultation



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The rally successfully created awareness among the local community.





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Address by Hospital Head

Following the rally, the hospital head addressed the participants and conveyed wishes on World TB Day.

The speech emphasized:

- The importance of spreading awareness about TB
 - The need for early diagnosis and proper treatment
 - The relevance of this year's TB theme
 - The role of students and healthcare professionals in TB elimination
- ☑ After the address, all participants were provided with refreshments. This session allowed for relaxation and interaction before continuing further activities.





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Infection Control Measures

Before initiating patient interaction, all students strictly followed safety protocols. They used masks, gloves, and hand sanitizers to prevent infection transmission. After completion, all used materials were properly collected and disposed of safely.



TB Awareness and Clinical Explanation

Before beginning patient counselling, a detailed explanation about tuberculosis was provided to students to strengthen their understanding.

This included:

- Basic awareness about TB as an infectious disease affecting primarily the lungs
- Explanation of how TB spreads through airborne droplets
- Importance of early detection and continuous treatment

Special emphasis was given to **multi-drug-resistant tuberculosis (MDR-TB)**, explaining how improper or incomplete treatment can lead to resistance against first-line drugs.

Students were also explained about:

- **TB treatment regimens**, including first-line anti-TB drugs such as Isoniazid, Rifampicin, Pyrazinamide, and Ethambutol
- The importance of strict adherence to medication schedules
- Risks associated with missed doses and irregular treatment



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Faculty demonstrated **various anti-TB tablets and formulations**, helping students identify medications practically.

Additionally, information was provided regarding **investigations and diagnostic methods**, including:

- Sputum examination
- Chest X-ray
- Molecular diagnostic tests

This integrated explanation helped students gain both theoretical and practical understanding of TB management.



Patient Counselling and Awareness

The main activity involved direct interaction with TB patients.

Students:

- Educated patients about disease transmission and prevention
- Explained cough etiquette and hygiene practices
- Informed patients about the importance of completing the full course of treatment
- Discussed medications they were using by showing visual pamphlets
- Clarified doubts regarding side effects and treatment duration

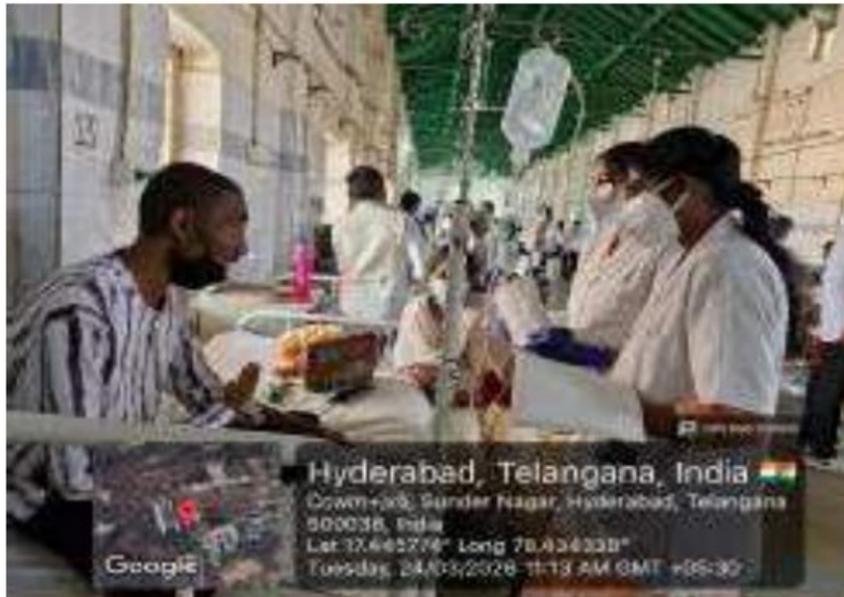


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Patients responded positively, and there was good interaction between students and patients. All counselling was done while maintaining proper safety precautions.





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Faculty Involvement

The program was conducted under the guidance of:

- **Dr. M. Sreekanth**, Head of the Department (Pharm.D)
- **Dr. M. ShivaRamKrishna**, Assistant Professor
- **Ms. S. Divya**, Assistant Professor

Their supervision ensured smooth execution of all activities.

Outcomes of the Program

- Improved awareness about TB among patients and the public
- Enhanced understanding of TB regimens and drug resistance among students
- Strengthened patient counselling and communication skills
- Gained practical exposure to real clinical settings



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Conclusion

The World Tuberculosis Day program was successfully conducted and proved to be highly informative and beneficial. It enhanced students' clinical knowledge and provided valuable experience in patient counselling and public health awareness.

The program highlighted the importance of proper treatment, awareness, and prevention in controlling tuberculosis and reinforced the message that TB can be eliminated with collective efforts.





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OFFICE OF THE SUPERINTENDENT GOVT. GENERAL & CHEST HOSPITAL, HYD.

Date: 24-03-2026

APPRECIATION LETTER

This is to appreciate the efforts of the Pharm.D., M.Pharm., and B.Pharm. students of Sarojini Naidu Vanita Pharmacy Maha Vidyalaya (Co-Ed.), Tarnaka, Secunderabad, for their active participation in the **World TB Day Awareness Programme** conducted at **Government General & Chest Hospital, Irramnuma, Hyderabad, on 24th March 2026.**

The students effectively carried out an awareness rally, and the Pharm.D. students conducted patient counselling activities, contributing significantly to educating patients and the public about tuberculosis, its prevention, and the importance of adherence to treatment.

Their dedication, discipline, and commitment towards public health awareness are highly commendable. Such initiatives significantly support community awareness and ongoing health programmes.

We sincerely appreciate their valuable contribution and wish them success in their future endeavours.


24-3-2026

Prof. Dr. M. Sevan Kumar
M.D.

Medical Superintendent
Government General & Chest Hospital
Irramnuma, Hyderabad - 500038
SUPERINTENDENT
Govt. General & Chest Hospital
Irramnuma, Hyderabad



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World Tuberculosis Day – 24.03.2026

S.No	Name of the Student	Signature
1	G.Pavani	
2	LippiShree	
3	Adike Shrivani	
4	Nikita Sree	
5	Ravalika	
6	Sail Malavya	
7	Rakshitha	
8	Oormila Preethu	
9	E.Laxmi	
10	Nivedita	
11	G.Tejasree	
12	Syeda aatifa	
13	Sindhu	
14	Shailaja	
15	Harini	
16	Jahnavi	
17	Akanksha	
18	Sana Fatima	
19	Zaina	
20	G.Lakshmi	
21	Normitha	
22	Shreshtha	
23	Bhavani	
24	Pranathi	
25	Dr.M.Sreekanth (Faculty)	
26	Dr.M.Shivarama krishna (Faculty)	
27	Ms. S.Divya (Faculty)	