



SAROJINI NAIDU VANITA PHARMACY MAHA VIDYALAYA (Co-Ed.)

(Sponsored by the Exhibition Society)

Affiliated to Osmania University, Approved by Pharmacy Council of India, New Delhi

NBA Accredited B.Pharmacy Course - NAAC Accredited with A+ Grade

UGC AUTONOMOUS INSTITUTION

Ref.: SNVPMV/

Date : 10/4/2026 .

This is to inform that Sarojini Naidu Vanita Pharmacy Maha Vidyalaya (Co-Ed.) is organizing a Guest Lecture on the topic "**Unlocking Happiness.**" The lecture will be delivered by the distinguished guest speaker, **Mr. Depala Rahul Kumar, Former Director, Vidyodaya School**, who will share his valuable insights on the subject.

The details of the programme are as follows:

- **Date:** 13 April 2026
- **Time:** 3:00 PM
- **Venue:** SNVPM Auditorium

The students of B.Pharmacy Ist yr & II yr students and faculty members are hereby instructed to attend the session and make the best use of this opportunity.

(Dr. T. Mamatha)

Principal

Sarojini Naidu Vanita Pharmacy Maha Vidyalaya (Co-Ed)
UGC Autonomous Institution
Vijayapuri Colony, Tarnaka, Secunderabad-500 017..

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Teaching Staff

10.04.2026

Unlocking Happiness

Sl.No	Faculty Name	Designation	Signature
1	Dr.T.Mamatha	Professor & Principal	
2	Dr.B.Haarika	Professor & Vice-Principal	
3	Dr.N.Srinivas	Professor & HOD	
4	Dr.S.Hemalatha	Professor & HOD	
5	Dr.S.Anuradha Bai	Professor & HOD	
6	Dr.T.Venu	Professor & HOD	
7	Dr.Vivek Sagar	Professor & HOD	
8	Dr. B. Chandra Shekar Reddy	Professor & HOD	
9	Dr.K.Neelima	Professor	
10	Smt.R.V.S.Latha Sree	Associate Professor	
11	Dr.B. Siva Jyothi	Associate Professor	
12	Dr. S.Rohini Reddy	Associate Professor	
13	Dr. CH.Shanthi Priya	Associate Professor	
14	Dr.K.Vinutha	Associate Professor	
15	Dr. K.R.V.S. Chaitanya	Associate Professor	
16	Dr. P. Ravi Kumar	Associate Professor & HOD	
17	Dr. T. Vani	Associate Professor	
18	Mrs. K. Geethanjali	Associate Professor	
19	Dr.Leemol Shaju	Sr. Assistant Professor	
20	Dr.Ch.Bhargavi	Assistant Professor	
21	Smt.G.Srilalitha	Assistant Professor	
22	Smt.N.Indira Rani	Assistant Professor	
23	Dr. S.Muni Sireesha	Associate Professor	
24	Ms.S.Divya	Assistant Professor	
25	Dr.Akaram Sujala	Assistant Professor	
26	Smt.Azmeera Jyothi	Assistant Professor	
27	Mrs. A.Shailaja	Assistant Professor	
28	Dr Jithender	Assistant Professor	
29	Dr. Hadiya Iram	Assistant Professor	
30	Ms. P. Sri Varsha	Assistant Professor	
31	Dr.M. Shiva Rama Krishna	Assistant Professor	
32	Mrs. J. Sarika	Assistant Professor	
33	Mr. D. Suresh	Assistant Professor	
34	Dr. P. Rajyalakshmi Devi	Associate Professor	
35	Mrs. Samreen	Assistant Professor	
36	Mr. K. Sandeep	Assistant Professor	
37	Mrs. Ritu Jain	Assistant Professor	
38	Mrs. J. Sunayana	Assistant Professor	
39	Ms. N. Rojaramani	Assistant Professor	

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Accredited A+ Grade by NAAC

GUEST LECTURE Dt: 13.4.2026

Title : "UNLOCKING HAPPINESS"

S.No	Name of the Student	Course & Year	Signature
1.	N. Rithika	B. pharm 2 nd	N. Rithika
2.	P. Isiklita	B. pharm 2 nd	Isiklita
3.	Nandita Sunil Anagari	B. pharm 2 nd	Nandita
4.	P. Renuka	B. pharm 2 nd	Renuka
5.	P. Akhila	"	P. Akhila
6.	D. Manaswini	Bpharm 2 nd	Manaswini
7.	P. spandana	B. pharm 2 nd	Spandana
8.	S. Akshitha	B. pharm 2 nd	Akshitha
9.	B. Tejaswini	B. pharm 2 nd	Tejaswini
10.	B. Tejaswini	B. pharm 2 nd	Tejaswini
11.	k. shanthi	B. pharm 2 nd	shanthi
12.	a. soma	B. pharm 2 nd	soma
13.	K. shrestha	B. Pharm 2 nd	K. shrestha
14.	S. shivani	B. Pharm 2 nd	shivani
15.	L. Poojitha	B. Pharm 2 nd	Poojitha
16.	ch. Poojitha	B. Pharm 2 nd	Poojitha
17.	P. Sowjanya	B. pharm 2 nd	Sowjanya
18.	Nikhita	B. pharm 2 nd	Nikhita
19.	Ruhi	"	Ruhi
20.	Fathima	"	Fathima
21.	Summaiya	"	Summaiya
22.	Archita	"	Archita
23.	Saleha	"	Saleha
24.	Asma	"	Asma
25.	K. Durga	"	Durga
26.	A. Sai Preethi	"	Preethi
27.	G. Adithyana	"	Adithyana
28.	G. Rishika	"	Rishika
29.	S. Nandika	"	Nandika
30.	T. Rahini	B. Pharm 1 st year	Rahini
31.	Pallavi	"	Pallavi
32.	Hasini	"	Hasini
33.	SK. Nazimunnisa	B. Pharm 1-Year	Nazimunnisa
34.	P. Chandana	"	Chandana
35.	Hansika	"	Hansika

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S.No	Name of the Student	Course & Year	Signature
1.	G. Creeshma	B.Pharm 2 nd sem	Creeshma
2.	G. Keesthy	B. pharm 1 st yr	Keesthy
3.	G. Anuhya	B. pharm 1 st yr	Anuhya
4.	G. Sagasika	B. Pharm 1 st yr	Sagasika
5.	A. Chandana	B. Pharm 1 st yr	A. Chandana
6.	K. Lahari	B. Pharm 1 st year	Lahari
7.	K. Sai Dikshitha	B. pharm 1 st year	Dikshitha
8.	K. Kavest	B. pharm 1 st year	Kavest
9.	K. Sujana	B. Pharm 1 st year	Sujana
10.	B. Hanika	B. pharm 1 st year	B. Hanika
11.	B. Karuna	B. pharm 1 st year	Karuna
12.	K. Bluwana	B. pharm 1 st year	K. Bluwana
13.	M. Sujia	B. pharm 1 st year	Sujia
14.	P. Pallavi	B. Pharm 1 st year	Pallavi
15.	P. Chaitanya	B. Pharm 1 st year	Chaitanya
16.	Nandini	B. Pharm 1 st year	Nandini
17.	N. Monasi	B. Pharm 1 st year	Monasi
18.	N. Nithya Santhoshini Ragini	B. Pharm 1 st year	Ragini
19.	M. Kavya	B. Pharm 1 st year	Kavya
20.	L. Bhavya	B. Pharm 1 st year	Bhavya
21.	Srinidhi	B. Pharm 1 st year	Srinidhi
22.	K. Neha	B. Pharm 1 st year	Neha
23.			
24.	Narveen fatima	B. Pharm 1 st year	Narveen fatima
25.	Shaziya Khan	B. Pharm 1 st year	Shaziya Khan
26.	Shaista Begum fatima.	"	Shaista
27.	Saba Mehak	"	Saba
28.	Jeyyash	"	Jeyyash
29.	Heena	"	Heena
30.	Nousheen fatima	"	Nousheen
31.	Piyali	"	Piyali
32.	Varshi	"	Varshi
33.	Aishwarya	"	Aishwarya



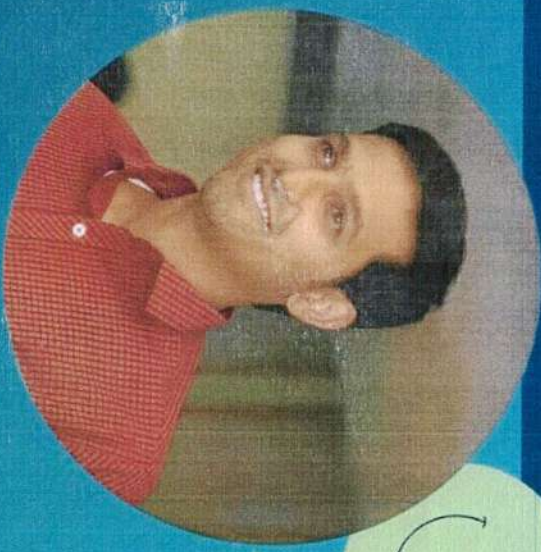
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GUEST LECTURE ON

UNLOCKING HAPPINESS



Guest speaker

DEPALA RAHUL KUMAR

Organized by

SANDHYA DEPALA
Treasurer, SNVPMV

Co-ordinated by

DR. B. SIVA JYOTHI, Associate Professor
Ms.N. ROJARAMANI, Assistant Professor

VENUE
SNVPMV Auditorium, 13th April, 2026
03:00 PM Onwards

Presided by
Dr. B. Prabha Shankar
Chairman, SNVPMV

Dr. B. Haarika
Vice-Principal

Dr. T. Mamatha
Principal

Sri B. Hanumanth Rao
Hon. Secretary



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Report on Guest Lecture: “Unlocking Happiness”

Organized by

Sandhya Depala, Treasurer, SNVPMV(Co-Ed)

Co-Ordinators: Dr. B. Siva Jyothi, Associate Professor

Ms. N. Rojaramani, Assistant Professor.

Date: 13th April 2026

Time: 03.00 P.M. onwards

Venue: SNVPMV(Co-Ed) Auditorium

Target Audience: BPharmacy Students

Number of Attendees:150

A guest lecture on the topic “Unlocking Happiness” was successfully held at the SNVPMV (Co-Ed) Auditorium on 13th April 2026, from 3:00 PM onwards. The session witnessed the active participation of approximately 150 attendees, including students and faculty members.

The program was presided over by Dr. B. Prabha Shankar, Chairman, and coordinated by Dr. B. Siva Jyothi, Associate Professor, along with Ms. N. Rojaramani, Assistant Professor. The event was organized by Sandhya Depala, Treasurer, SNVPMV.

The guest speaker, Mr. Depala Rahul Kumar, delivered an engaging and insightful lecture focusing on the concept of achieving permanent happiness in life. The session began with an interactive icebreaker that stimulated critical thinking and audience participation.

During the lecture, the speaker highlighted three key principles for unlocking happiness:

- 1. Finding One’s Interest** – Encouraging individuals to identify their unique talents and passions using the “3 A’s” approach: Analyze, Ask, and Attempt.
- 2. Helping Others** – Emphasizing that true happiness increases when we contribute positively to others’ lives.
- 3. Being Present** – Stressing the importance of living in the present moment rather than dwelling on the past or worrying about the future.

PRINCIPAL

Sarojini Naidu Vanita Pharmacy Maha Vidyalaya (Co-Ed)

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Vijayapuri Colony, Tarnaka, Secunderabad-500 017

The speaker also discussed how comparison can hinder happiness and encouraged students to set meaningful, unselfish goals related to personal growth, health, relationships, and learning.

Conclusion: The session concluded with a summary of key takeaways and an interactive discussion where students shared their reflections. The lecture was highly motivating and offered practical insights into achieving a balanced, fulfilling life.

Overall, the guest lecture was informative, engaging, and well-received by all attendees.

Impact of the Session

The session had a significant positive impact on the students and faculty members. It motivated participants to reflect on their personal goals and mental well-being. Students gained clarity on identifying their interests and understood the importance of helping others and staying present in daily life. The lecture also helped reduce stress and encouraged a positive mindset among attendees. Many students expressed increased enthusiasm towards self-improvement and adopting healthier habits. Overall, the session enhanced emotional awareness, confidence, and a sense of purpose among the participants.





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